Capacity Building Progression for Trauma-Informed Schools

BOOK STUDY:

The Heart of Teaching and Learning

Fostering Resilient Learners

Trauma Sensitive Schools

The Trauma-Sensitive Classroom

Trauma Aware

All understand the term "trauma" and how it can change the view and interactions with others.

All familiar with the basics of trauma and the values and terminology of traumainformed care.

Training

Trauma and the Impact on Learning

Application Activities

Brain in the Hand Brain Architecture Game Brain Breaks Calming Corners Mindfulness

BOOK STUDY:

Help for Billy

Relationship, Regulation, and Responsibility

Trauma Sensitive

Concepts and values of trauma and resilience are applied to policies and theory of change for environment and work.

Professional learning is institutionalized with strategic planning .

Self-care becomes a priority.

Educators begin to see students through a trauma lens and seek opportunities to learn new reilience skills.

<u>Training</u>

Strategies for Resilience Educator Self-Care

Application Activities

Trust-Based Relationships 2 X 10s Check-in/Check-out Connect the Dots Class Meetings

BOOK STUDY:

The Mindful Classroom

The Body Keeps the Score

Trauma Responsive

Staff applies knowledge of trauma and resilience in their work, re-thinking routines and infrastructure of the organization.

Staff uses langauge that supports safety, choice, collaboration, trustworthiness, and empowerment.

Trauma-specific interventions are available for those who need them.

Training

It's Hot in Here (online module)

Application Activities

Patterned, Repetitive Movements

Teacher Test Lab

Collaborative Problem Solving

T-I De-escalation

Restorative Practices

Trauma-Informed

Compassionate organization with trauma-responsive values and practices as the norm.

All aspects of the organization have been reviewed and revised to reflect supportive approaches that foster physical, emotional, and psychological safety.

All staff are skilled in using traumainformed practices.

Values are thoroughly embedded in the vision and mission.