



Evidence of Alignment Expectations

Grade Band/Proficiency Level Expectations- *Please use this template to describe the student outcomes of the instructional grade band or proficiency level.*

7th/8th Grade Physical Education

Students CAN (Please add lines as needed)

Delaware Standards

I can run the 3 routes (Fly, slant, curl) with precision and proper technique.	(S1.M4.8)
I can perform these skills used in flag football. Throwing, Catching and Flag pulling.	(S1.M3.8) (S2.M1.8) (S2.M5.8)

Students Demonstrate UNDERSTANDING

Students will demonstrate their knowledge, skills and understanding through the following instruments that are aligned to the Delaware Standards:

SUMMATIVE ASSESSMENT MEASURES

Delaware Standards

Assessment Rubric

7/8 Flag Football	1 Needs Improvement	2 Meets	3 Exceeds
Route Running	Does not run the correct route by name.	Run the correct route with appropriate footwork.	Run the correct route with appropriate footwork and catch the ball.
Passing	Does not use proper cues (point, arm back, oppositional movement, and follow through) of throwing to accurately get the ball to target.	Uses some of the cues to get the ball to the target.	Uses all of the cues to get the ball to the target accurately in stride.
Catching	<p>Hands are not extended out in front of the body</p> <p>Student frequently misses the ball completely</p>	<p>Hands are extended out in front of the body</p> <p>Student cushions the ball/traps the ball against their body</p> <p>Student can catch 50% of the balls thrown to them with their hands or trapping the ball against their body</p>	<p>Hands are extended out in front of the body</p> <p>Ball is caught with the hands above or below the waste (thumbs down in ball is above, thumbs out if ball is below)</p> <p>Student does not cushion the ball against their body</p> <p>Student can catch 90% or more of the balls thrown to them only using their hands</p>

