

# MENTAL HEALTH PROVIDERS

## Project THRIVE Offers Fee-For Services



**Physical or emotional abuse.  
Community violence. Bullying.  
Serious illness or death in the family.  
Racism.**

These and other traumatic and toxic stress situations are impacting the mental and physical health of children in schools and communities across Delaware.

## What Is Project THRIVE?

Project THRIVE is a five-year grant project, operated by the Delaware Department of Education and funded by the U.S. Department of Education. Its purpose is to develop trauma-specific therapeutic service delivery models for the most vulnerable students in marginalized communities in New Castle, Kent, and Sussex counties. Project THRIVE facilitates and manages a fee-for-service network of trauma-specific mental health providers who work with students in grades PreK-12. Providers who offer these services are encouraged to learn more.

## WHAT STUDENTS ARE ELIGIBLE?

- Delaware public or private school students who have experienced trauma and/or toxic stress that is interfering with their attendance, behavior, or grades
- Do not otherwise have access to professional mental health services

## HOW DOES IT WORK?

THRIVE connects students and families with a local network of professional mental health providers. Families select a provider of choice and THRIVE supports those providers.

## VISION

Project THRIVE envisions a Delaware where children are thriving and youth are engaged in supportive communities that prioritize physical, psychological, and emotional safety to foster connection and belonging for success in school.

## MISSION

To develop and support a caregiver-driven, youth-guided system of care that applies the neuroscience of adversity to support healing-centered engagement through trauma-specific recovery services.

## GUIDING PRINCIPLES

Project THRIVE works to ensure:

- Meaningful collaboration between caregivers, educators, and mental health providers
- Consistent student engagement with school, and regular attendance
- Regulated student emotions to sustain attention and productivity
- Coping skills

**Learn more and get help:**

**dial 211 & press 5 to THRIVE**  
**or text THRIVE to 898-211**