

The 130th running of the Penn Relays ([www.pennrelays.com](http://www.pennrelays.com)) will once again feature Special Olympics and Unified Sports events.

The Relays will be held at Franklin Field at the University of Pennsylvania, April 23-25, with Special Olympics competitions held mid-day on Thursday, April 23.

Tentative start times for the Special Olympics competitions = 1210pm for the 4x100 relay; 1240pm for the 100m; 12pm for the shotput.

Additional information/key points of consideration are below. Please read through these points, as well as the prompts for the individual questions, as guidance is provided there regarding the entering of data/responses:

1. Athletes and Unified relay teams must meet the defined performance standards provided for the 100M and 4x100M relay events.
2. Entry times must be from 2026
3. Unified Team partners may run with athletes in the 4 x100M Unified Relay but may not run in any other Penn Relays event
4. The Unified relay and traditional relay team can be a coed/mixed-gender or single-gender team.
5. This is not a Special Olympics event. We are guests of the Penn Relays organization and will be limited to the amenities they provide which does not include parking or unlimited field access for attendees so please plan accordingly.
6. All Special Olympics athletes, Unified partners and coaches must be a currently registered participant in Special Olympics, as well as being current with their paperwork.
  - a. **All coaches attending must be a registered Class A volunteer in Special Olympics in the Program in which they reside. Additionally, coaches must be at a Level 3 level to be eligible for this event, as well as holding a current Unified Sports certification (if applicable).**
  - b. **Athletes must have current SODE physical on file**
  - c. **Unified Partners under age 18 complete a youth volunteer application and Partners age 18+ complete a Class A Certification.**
7. We can have a total of 9 male and 9 female athletes in the 100 meter. The 18 athletes with the fastest times within the performance standards will be top priority to represent Special Olympics in the race.
8. We can have a total of 72 athletes for two 4x100 meter relay events (one Special Olympics and one Unified). Relay teams can be coed. To accommodate as many athletes as possible, those selected for the 100m will be lower priority for a relay team.

9. The Shotput will again be offered for Special Olympics athletes. There will be one, coed flight, with a max of 18 male and female athletes. Athletes competing in Shot will participate from two separate rings (one male; one female) but share the same sector on the field. Any athlete(s) competing in the Shotput will NOT be able to compete in the track events and will need to have a separate coach with them. This is due to the throwing venue being located separately from the track. Additionally, the Special Olympics Shotput competition will be held at the same time as the Hammer throw for college competitors. While there is a 20-30 yard separation between the Shot and Hammer sectors, Special Olympics athletes and coaches will need to be mindful of the all activities that are occurring and follow direction from the on-field staff, volunteers, and officials.

When nominating competitors for consideration, please provide data (i.e. entry times or distances) ONLY for those events in which the competitor is being nominated. For example, if the competitor would like to be considered for entry into the 100M and 4x100M Relay, please only enter data into the corresponding fields.

If granted quota for the event, Programs will be responsible for all event-related travel expenses. There is not an entry fee charged to Special Olympics competitors. Factors to be considered with allocating quota will include providing a competition opportunity to interested Programs meeting event standards/requirements, review of the provided entry times/distances, and actual event participation requests from the competitors.