

2026 Spring Sports Summary Calendar, (updated 1.23.2026)

(All Dates subject to change)

Girls Soccer

Day	Month	Day	Event
Thursday	January	22	Girls Soccer In-person Rules Clinic (if needed)
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Monday	May	18	Girls Soccer - Last Date of Competition
Tuesday	May	19	Girls Soccer - Committee Meeting
Thursday	May	21	Girls Soccer - State Tournament - DI/1st Round
Wednesday	May	27	Girls Soccer - State Tournament - DI/DII Quarterfinals
Thursday	May	28	Girls Soccer - State Tournament - DI/DII Quarterfinals
Wednesday	June	3	Girls Soccer - State Tournament - DI/DII Semifinals
Saturday	June	6	Girls Soccer - State Tournament - DI/DII Finals

Girls Lacrosse

Day	Month	Day	Event
Monday	January	26	Girls Lacrosse In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Thursday	May	14	Girls Lacrosse - Last Date of Competition
Friday	May	15	Girls Lacrosse - Committee Meeting
Mon/Tues	May	18,19	Girls Lacrosse - State Tournament - 1st Round
Wed/Thurs	May	20,21	Girls Lacrosse - State Tournament - 2nd Round
Saturday	May	23	Girls Lacrosse - State Tournament - Quarterfinals
Wednesdsay	May	27	Girls Lacrosse - State Tournament - Semifinals
Saturday	May	30	Girls Lacrosse - State Tournament - Finals

Softball

Day	Month	Day	Event
Thursday	January	21	Softball In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Saturday	May	16	Softball - Last Date of Competition
Saturday	May	17	Softball - Committee Meeting
Tuesday	May	19	Softball - State Tournament - 1st Round
Thursday	May	21	Softball - State Tournament - 2nd Round
Saturday	May	23	Softball - State Tournament - Quarterfinals
Tuesday	May	26	Softball - State Tournament - Semifinals *
Friday	May	29	Softball - State Tournament - Finals *

*Subject to change based on UD Softball Field Availability

Tennis

Day	Month	Day	Event
Friday	February	6	In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Monday	May	11	Tennis - Last Date of Competition
Wednesday	May	13	Tennis - Committee Meeting
Saturday	May	16	Tennis - State Tournament - 1st & 2nd Rounds
Monday	May	18	Tennis - State Tournament - Quarterfinals
Tuesday	May	19	Tennis - State Tournament - Semifinals
Wednesday	May	20	Tennis - State Tournament - Finals

Boys Volleyball

Day	Month	Day	Event
Thursday	January	29	Boys Volleyball In-person Rules Clinic (if needed)
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Saturday	May	9	Boys Volleyball - Last Date of Competition (by 2pm)
Saturday	May	9	Boys Volleyball - Committee Meeting (6pm)
Tues,Wed	May	12,13	Boys Volleyball - State Tournament - 1st Round
Fri,Sat	May	15,16	Boys Volleyball - State Tournament Quarterfinals
Tuesday	May	19	Boys Volleyball - State Tournament - Semifinals
Thursday	May	21	Boys Volleyball - State Tournament - Finals

Boys Lacrosse

Day	Month	Day	Event
Saturday	January	24	Boys Lacrosse In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Friday	May	15	Boys Lacrosse - Last Date of Competition
Saturday	May	16	Boys Lacrosse - Committee Meeting
Tues.,Wed.	May	19,20	Boys Lacrosse - State Tournament - 1st Round
Saturday	May	23	Boys Lacrosse - State Tournament - Quarterfinals
Wednesday	May	27	Boys Lacrosse - State Tournament - Semifinals
Saturday	May	30	Boys Lacrosse - State Tournament - Finals

Baseball

Day	Month	Day	Event
Tuesday	January	27	Baseball In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Wednesday	May	27	Baseball - Last Date of Competition
Thursday	May	28	Baseball - Committee Meeting
Tuesday	June	2	Baseball - State Tournament - 1st Round
Thursday	June	4	Baseball - State Tournament - 2nd Round
Saturday	June	6	Baseball - Quarterfinals
Wednesday	June	10	Baseball - State Tournament - Semifinals
Friday	June	12	Baseball - State Tournament - Finals

Track & Field (plus Unified)

Day	Month	Day	Event
Wednesday	January	28	In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Monday	May	11	Outdoor Track & Field - Last Date of Competition
Tuesday	May	12	Outdoor Track & Field - Committee Meeting (if needed)
Fri-Sat	May	15-16	Outdoor Track & Field - DIAA State Finals
Saturday	May	16	Unified T&F - Individual/Team State Finals
Wednesday	May	20	Outdoor Track & Field - Meet of Champions

Golf

Day	Month	Day	Event
Thursday	January	29	In-person Rules Clinic
Monday	February	2	Spring - Make-up Virtual Rules Clinics Available
Monday	March	2	Spring Sports - Practice Start Date
Monday	March	23	Spring Sports - Competition Start Date
Saturday	May	16	Golf - Last Date of Competition
Monday	May	18	Golf - Committee Meeting
Tues-Wed	May	26-27	Golf - DIAA Team/Individual Championships