**Subject:** Pre-season Letter 25-26

Head Coaches, ATCs and Athletic Directors;

Trackwrestling will be sending out emails to coaches and the ATCs around 9/30 asking for coaches and ATCs to click the login link and create their own username and password for the new season.

\* YOU MUST SAVE THE INFORMATION THAT YOU ENTER. Write it down for future logins.

\*PLEASE review the Power Point attached. It will be helpful.

Body Composition Testing (Assessments) *may officially* begin October 15<sup>th</sup>.

New ATCs will receive training in early October so that they will be ready to conduct assessments. The assessment schedule will be determined by each individual school. Training for the ATCs will be conducted by ATI, Premier, or arranged by me, to ensure consistency between schools.

\*Please use the updated forms attached for the Assessments and Physician Releases.

Coaches will need to set up their accounts, import their rosters and communicate with their school's ATC to establish a plan for the assessments.

\*This year every wrestler on the roster will have to include a Date of Birth and an Email Address. If the student does not have an email, the coach may enter his, but an email is required.

When the girls are assessed please enter them on the BOYS HS page so that they can be eligible for the Boys team. Trackwrestling and I will create the Girls HS page in early December so that they then can be eligible for Girls only events. If any girls are assessed after December 4<sup>th</sup>, Please send me their name and information so that I can enter them correctly. After December 4<sup>th</sup>, if the ATC is Comfortable with Trackwrestling, they can log in to the HS GIRLS SEASON tab and enter the girls directly as they did with the boys

Schools that do not have their own equipment to conduct assessments will need to work with ATI and myself to schedule the use of the scale and refractometer to conduct the assessments. I strongly urge those schools to get all their assessments completed while they have the equipment. This will help to avoid multiple transfers of the equipment and scheduling conflicts.

I have attached the documents that will be needed for your reference and use for this year.

If anyone has concerns, questions or problems, please contact me.

Respectfully, Buddy Lloyd DIAA SWC Chair 302-222-8206