

2023 DIAA Unified State Track Field Championship

Girls 100 Meter Dash

1	Alexis Lloyd Wheeler	11th	Smyrna	0.00	10
2	Carrie Reed	10th	Cape Henlopen	0.00017	8
3	Destiny Lloyd-Wheeler	11th	Smyrna	0.00	6
4	SaNiya Rochester	10th	Smyrna	0.00	5
5	Keymoura Stevens	12th	Caesar Rodney	0.00	4
6	Elle Nauman	12th	Cape Henlopen	0.00	3
7	Sharnica Richard	11th	Caesar Rodney	0.00	2
8	Karley Clark	11th	Middletown	0.00	1
9	Jazmin Aguilar	11th	William Penn	0.00	
10	Sarah Windley	11th	Middletown	0.00	
11	A'Riyah Johnson	9th	Woodbridge	0.00	
12	Vanessa Suh-Neba	9th	Caesar Rodney	0.00	
13	Charlotte Maxwell	11th	Cape Henlopen	0.00	
14	Alexis Mihok	12th	William Penn	0.00034	
-	Keziah Hall	10th	Smyrna	00:17.3	
-	SaMiya Rochester	11th	Smyrna	00:18.3	
-	Emmonline McWilliams	12th	Smyrna	00:18.9	
-	Danyelle Harden	11th	Smyrna	00:21.6	
-	Angelina Doemling	10th	Smyrna	00:23.0	
-	Gabby Parillon	10th	Cape Henlopen	00:28.6	
-	Peyton Lamson-Reich	12th	Cape Henlopen	00:30.6	
-	Sara Davis	10th	Cape Henlopen	00:45.5	
-	Nephetarry Jean-Antoine	12th	William Penn	-	

Only 3 athletes can score in an event per school

Boys 100 Meter Dash

1	Waymond Elliott	12th	Appoquinimink	00:12.1	10
2	Jacob Collins	11th	Appoquinimink	00:12.7	8
3	Ammar McNair	12th	Caesar Rodney	00:12.9	6
4	Gabriel Tyre	12th	Appoquinimink	00:13.0	5
5	Hunter Ernst	9th	William Penn	00:13.2	4
6	Charles Sullivan	10th	William Penn	00:13.6	3
7	Brian Carter	12th	Newark	00:14.0	2
7	Ronnie LeRoy	9th	Cape Henlopen	00:14.0	2
9	Thomas Seay	10th	William Penn	00:14.9	
10	Garrett Thawley	12th	Cape Henlopen	00:15.0	
10	Matthew Ray	10th	Brandywine	00:15.0	
12	Bryce Garris	12th	Smyrna	00:16.0	
13	(Terrance) TJ Perkins	10th	McKean	00:16.4	
14	Rares "Vlad" Ticala	12th	Cape Henlopen	00:18.3	
15	Steven Miller	12th	Woodbridge	00:19.3	
16	Noah Wentler-Bunch	9th	Caesar Rodney	00:19.4	
17	Pratyush (Yush) Pol	12th	McKean	00:20.0	
18	Noah McGinnis	9th	Smyrna	00:21.4	

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19	Andrew Barry	10th	McKean	00:23.8	
-	Kareem Williams	10th	William Penn	00:16.4	
-	Barry Nickson	10th	William Penn	00:18.0	
-	David Frederick	12th	Cape Henlopen	00:27.3	
-	Rickey Hargis	10th	Caesar Rodney	-	
-	Nick Leone	12th	Caesar Rodney	-	
-	Dalton Glandon	12th	Caesar Rodney	-	
-	Jerome Kochinsky	12th	Cape Henlopen	-	

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Girls 200 Meter Dash

1	Carrie Reed	10th	Cape Henlopen	00:33.6	10
2	Keziah Hall	10th	Smyrna	00:36.1	8
3	SaNiya Rochester	10th	Smyrna	00:36.6	6
4	Elle Nauman	12th	Cape Henlopen	00:36.9	5
5	Keymoura Stevens	12th	Caesar Rodney	00:39.0	4
6	Emmonline McWilliams	12th	Smyrna	00:40.2	3
7	A'Riyah Johnson	9th	Woodbridge	00:46.2	2
8	Vanessa Suh-Neba	9th	Caesar Rodney	00:59.6	1
9	Charlotte Maxwell	11th	Cape Henlopen	01:03.7	
-	SaMiya Rochester	11th	Smyrna	00:42.3	
-	Angelina Doemling	10th	Smyrna	00:47.6	
-	Peyton Lamson-Reich	12th	Cape Henlopen	01:15.6	
-	Nephetarry Jean-Antoine	12th	William Penn	-	

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Boys 200 Meter Dash

1	Waymond Elliott	12th	Appoquinimink	00:25.2	10
2	Jacob Collins	11th	Appoquinimink	00:25.4	8
3	Ammar McNair	12th	Caesar Rodney	00:25.7	6
4	Coltin Sligh	10th	McKean	00:27.2	5
5	Connor Pencek	12th	Cape Henlopen	00:27.6	4
6	Charles Sullivan	10th	William Penn	00:27.7	3
7	Hunter Ernst	10th	William Penn	00:28.0	2
8	Brian Carter	11th	Newark	00:28.5	1
9	Thomas Seay	12th	William Penn	00:30.1	
10	Ronnie LeRoy	9th	Cape Henlopen	00:31.9	
11	Matthew Ray	9th	Brandywine	00:32.5	
12	Garrett Thawley	12th	Cape Henlopen	00:33.7	
13	(Terrance) TJ Perkins	12th	McKean	00:34.3	
14	Pratyush (Yush) Pol	10th	McKean	00:42.8	
15	Nathan Cookson	9th	Caesar Rodney	00:43.2	
16	Noah Wentler-Bunch	12th	Caesar Rodney	00:43.4	
17	Steven Miller	10th	Woodbridge	00:44.4	
18	Noah McGinnis	9th	Smyrna	00:52.7	
-	Kareem Williams	10th	William Penn	00:36.6	

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-	Barry Nickson	10th	William Penn	00:38.9	
-	Dalton Glandon	12th	Caesar Rodney	00:48.6	
-	Andrew Barry	10th	McKean	00:53.8	
-	Rickey Hargis	10th	Caesar Rodney	-	
-	Aaron Janusz	12th	Concord	-	
-	Alejandro Alvarez-Roman	11th	Cape Henlopen	-	
-	Rares "Vlad" Ticala	12th	Cape Henlopen	-	

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Girls 400 Meter Dash

1	Elle Nauman	12th	Cape Henlopen	01:30.5	10
2	Keziah Hall	10th	Smyrna	01:38.1	8
3	Sarah Windley	11th	Middletown	01:40.2	6
4	SaNiya Rochester	10th	Smyrna	01:49.8	5
5	SaMiya Rochester	11th	Smyrna	01:52.5	4
6	Peyton Lamson-Reich	12th	Cape Henlopen	03:00.1	3

Boys 400 Meter Dash

1	Connor Pencek	11th	Cape Henlopen	01:01.1	10
2	Alejandro Alvarez-Roman	11th	Cape Henlopen	01:04.1	8
3	Charles Sullivan	10th	William Penn	01:04.8	6
4	Colitin Sligh	12th	McKean	01:05.8	5
5	Brian Carter	12th	Newark	01:06.2	4
6	Gabriel Tyre	12th	Appoquinimink	01:06.4	3
7	Christopher Brooks	12th	Caesar Rodney	01:14.0	2
8	Bryce Garris	12th	Smyrna	01:16.1	1
9	Nathan Cookson	12th	Caesar Rodney	02:10.7	
-	Aaron Janusz	11th	Concord	-	
-	Nick Leone	12th	Caesar Rodney	-	

Girls Shot Put

1	Danyelle Harden	11th	Smyrna	24.04	10
2	Emmonline McWilliams	12th	Smyrna	19.01 3/4	8
3	Carrie Reed	10th	Cape Henlopen	19.01	6
4	Jazmin Aguilar	11th	William Penn	16.03 1/2	5
5	A'Riyah Johnson	9th	Woodbridge	15.05 1/2	4
6	SaMiya Rochester	11th	Smyrna	14.06	3
7	Alexis Mihok	12th	William Penn	14.00 1/2	2
8	Vanessa Suh-Neba	9th	Caesar Rodney	13.08 1/2	1
9	Sara Davis	10th	Cape Henlopen	13.07 3/4	
10	Charlotte Maxwell	11th	Cape Henlopen	13.03	
11	Sharnica Richard	11th	Caesar Rodney	12.10 1/2	
-	SaNiya Rochester	10th	Smyrna	13.11 1/2	
-	Angelina Doemling	10th	Smyrna	11.04	
-	Gabby Parillon	10th	Cape Henlopen	8.02	
-	Peyton Lamson-Reich	12th	Cape Henlopen	6.06 1/2	
-	Elle Nauman	12th	Cape Henlopen	4.06 1/2	

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-	Nephetarry Jean-Antoine	12th	William Penn	-	
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Boys Shot Put

1	Gabriel Tyre	12th	Appoquinimink	44.00	10
2	Waymond Elliott	12th	Appoquinimink	38.03 3/4	8
3	Hunter Ernst	9th	William Penn	36.11	6
4	Bryce Garris	12th	Smyrna	36.06	5
5	Dalton Glandon	12th	Caesar Rodney	35.08	4
6	Alejandro Alvarez-Roman	12th	Cape Henlopen	28.08 1/2	3
7	Quadir Davis	11th	Middletown	27.09 3/4	2
8	Noah McGinnis	9th	Smyrna	27.07 1/2	1
9	Colitin Sligh	12th	McKean	27.01	
10	Matthew Ray	9th	Brandywine	26.08 1/2	
11	Christopher Brooks	12th	Caesar Rodney	24.03	
12	Thomas Seay	10th	William Penn	23.04	
13	Steven Miller	12th	Woodbridge	21.08	
14	Barry Nickson	10th	William Penn	20.10 3/4	
15	Rares "Vlad" Ticala	12th	Cape Henlopen	17.06 1/4	
16	Garrett Thawley	12th	Cape Henlopen	16.00	
17	Noah Wentler-Bunch	9th	Caesar Rodney	15.05 1/2	
19	Andrew Barry	10th	McKean	13.08 1/2	
21	Pratyush (Yush) Pol	12th	McKean	10.07 1/4	
-	David Frederick	12th	Cape Henlopen	14.08 1/2	
-	Nathan Cookson	12th	Caesar Rodney	12.02	
-	(Terrance) TJ Perkins	10th	McKean	8.04	
-	Connor Pencek	11th	Cape Henlopen	-	
-	Ronnie LeRoy	9th	Cape Henlopen	-	
-	Rickey Hargis	10th	Caesar Rodney	-	
-	Jerome Kochinsky	12th	Cape Henlopen	-	

Only 3 athletes can score in an event per school

Girls Long Jump

1	Carrie Reed	10th	Cape Henlopen	12.00	10
2	Alexis Lloyd Wheeler	11th	Smyrna	11.06	8
3	Keziah Hall	10th	Smyrna	9.05	6
4	Destiny Lloyd Wheeler	10th	Smyrna	8.10	5
5	A'Riyah Johnson	9th	Woodbridge	6.05	4
-	Emmonline McWilliams	12th	Smyrna	6.07	
-	Angelina Doemling	10th	Smyrna	5.06	
-	Keymoura Stevens	12th	Caesar Rodney	-	
-	Saniya Rochester	10th	Smyrna	-	
-	Charlotte Maxwell	11th	Cape Henlopen	-	
-	Sara Davis	10th	Cape Henlopen	-	
-	Gabby Parillon	10th	Cape Henlopen	-	
-	Vanessa Suh-Neba	9th	Caesar Rodney	-	

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-	Nephetarry Jean-Antoine	12th	William Penn	-	
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Boys Long Jump

1	Hunter Ernst	9th	William Penn	14.06	10
2	Gabriel Tyre	12th	Appoquinimink	13.05	8
3	Jacob Collins	11th	Appoquinimink	13.01	6
4	Colitin Sligh	12th	Mckean	12.07	5
5	Charles Sullivan	10th	William Penn	11.10	4
6	Connor Pencek	11th	Cape Henlopen	11.09	3
7	Alejandro Alvarez-Roman	12th	Cape Henlopen	11.04	2
8	Thomas Seay	10th	William Penn	10.04	1
9	Ronnie LeRoy	9th	Cape Henlopen	9.10	
10	Christopher Brooks	12th	Caesar Rodney	9.06	
11	Bryce Garris	12th	Smyrna	8.07	
12	Kareem Williams	10th	William Penn	7.11	
13	Rares "Vlad" Ticala	12th	Cape Henlopen	7.10	
14	(Terrance) TJ Perkins	10th	McKean	6.08	
15	Steven Miller	12th	Woodbridge	6.04	
15	Noah McGinnis	9th	Smyrna	6.04	
17	Nathan Cookson	12th	Caesar Rodney	5.00	
18	Pratyush (Yush) Pol	12th	McKean	4.01	
-	Ammar McNair	12th	Caesar Rodney	-	
-	Nick Leone	12th	Caesar Rodney	-	
-	David Frederick	12th	Cape Henlopen	-	
-	Andrew Barry	10th	McKean	-	
-	Jerome Kochinsky	12th	Cape Henlopen	-	

Mixed 4x100 Relay

1	Appoquinimink	52.40	10
2	Cape Henlopen	57.60	8
3	Smyrna	59.40	6
-	Caesar Rodney	-	

Mixed 4x200 Relay

1	Cape Henlopen	2:00.0	10
2	Smyrna	2:09.8	8
-	Caesar Rodney	-	

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Team Standings		
1	Smyrna	116
2	Cape Henlopen	105
3	Appoquinimink	86
4	William Penn	46
5	Caesar Rodney	30
6	McKean	15
7	Woodbridge	10
8	Middletown	9
9	Newark	6.5
10	Brandywine	0
10	Concord	0