







ATHLETIC DIRECTORS



AGENDA



- I. Welcome and Staff/Athletic Director Introductions
- II. David Baylor, Executive Director
- III. Angel Prinos, Sr. Associate Executive Director
- IV. DIAA Reminders, Updates and Points of Emphasis
- V. Open Discussion
- VI. DAAD Meeting

DIAA STAFF





David Baylor EXECUTIVE DIRECTOR David.Baylor@doe.k12.de.us





Angel Prinos Sr. Associate Executive Director Angel.Prinos@doe.k12.de.us

Faye Wheeler Administrative Assistant Faye.Wheeler@doe.k12.de.us



DIAA PURPOSE



The purpose of the Delaware Interscholastic Athletic Association is:

- To preserve and promote the **educational significance** of **standards of conduct** for athletes, coaches, administrators, interscholastic athletics;
- To ensure that interscholastic sports remain compatible with the **educational mission** of the member schools;
- To provide for **fair competition** between member schools
- To promote **sportsmanship** and **ethical behavior**;
- To establish and enforce officials, and spectators;
- To protect the **physical well-being** of athletes; and
- To promote healthy adolescent lifestyles



DIAA CONTACT INFORMATION

OFFICE PHONE/FAX: 302-857-3365/302-739-1769

GENERAL EMAIL: DIAA@DOE.K12.DE.US

REGULATION INTERPRETATIONS EMAIL: DIAA.INTERP@DOE.K12.DE.US

FINANCE EMAIL: DIAA.FINANCE@DOE.K12.DE.US

SANCTION EMAIL: DIAA.SANCTION@DOE.K12.DE.US

WAIVER EMAIL: DIAA.WAIVERS@DOE.K12.DE.US



DIAA COMMITTEES



- 27 Standing Committees (350+ Volunteers)
- 18 Sport Committees, 9 Other Committees
- Meet 2-3 times per year, or as needed
- Meeting schedule can be found on the Public Meeting Calendar
- There are a number of committee vacancies! To get involved, visit the DIAA website and follow the following steps:
 Governance → Committees → DIAA Committee Application Form



DIAA INFORMATION/LINKS



DIAA Website <u>https://education.delaware.gov/diaa/</u> DIAA's website is the starting point for <u>ALL</u> DIAA information and related links!

Handbook/Regulations https://education.delaware.gov/diaa/governance/handbook/

Sport Championships https://education.delaware.gov/diaa/sport_championships/

Digital Ticketing <u>https://education.delaware.gov/diaa/sport_championships/digital-ticketing/</u>

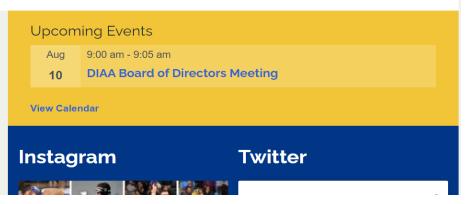


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8 Solitaire - Play Online AS ArbiterSports.com W	/ebSites4Sports.co 🔇 DIAA 💪 Google 😝 Facebook 🔍 Maps 🎽 G Mail 🔇 🈏 Home / Twitter	r » Other bookmark:
Delaware.gov 🖩 Agencies 🛙	回 News 🝳 Topics 🔲 Contact Q Search	
	Resources Calendar	Contact Us COVID-19 DDOE
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Delaware Interscholastic Athletic Association





AD Portal



https://education.delaware.gov/diaa/diaa_for/athleticdirectors/ad-portal/

AD Portal Eligibility Form Submission Championship Information Password: fox-linen-snub

Protected: AD Portal

Home / DIAA for / Athletic Directors / Protected: AD Portal

This content is password protected. To view it please enter your password below:

Password:	Enter

Athletic Directors Open Date Exchange Tournament Manuals Official Handbook Eligibility Forms Athletic Director Forms Resources

WEBSITES4 SPORTS



Member School Site: Websites4Sports.com

- Coach, AD, Administration Information
- Team Schedules, Scores, Rosters
- Team Information including team photo must be uploaded by designated deadlines.
- School Information

Please ensure that scores and statistics are submitted and accurate after each contest!



DIAA DATES OF IMPORTANCE

Season Start Dates: Fall 2023

High School

Practice for Football – August 7,2023

Practice all Fall Sports – August 14, 2023

Practice all sports – August 28, 2023

Middle School

1st Competiton Date – Sept. 18, 2023

1st Competition Date for Football – August 31, 2023

1st Competion Date for all other Fall Sports – September 6, 2023



COACH REQUIREMENTS



COACHES REQUIREMENTS (Regulation 1008/1009 7.0)

- Attendance at DIAA Rules Clinic (Required for Head Coach)
- Hold a current CPR Certification (All Coaches)
- Complete the NFHS "Concussion in Sports" Course through NFHSLearn (Every 2 years, All Coaches)



SPORTS MEDICINE



SCHOOL ATHLETE MEDICAL CARD

(Parent/Guardian: Please complete Sections 1, 2 & 3. Please print.)

	ontact /Personal Information
Name: Age: Birthdate:School:	Sport(s):
Guardian Name:	
Address:	
Phone: (H)(W):	(C): (P)
Other Authorized Person To Contact In Case Of Emerge	ency:
Name:	Phone(s):
Name:	Phone(s):
Preference Of Physician (And Permission To Contact I	If Needed):
	Phone:
	Insurance:
Policy #:Group:	Phone:
	2: Medical Information
Medical Illnesses: Last Tetanus (Mo/Yr): Allergies:	_Braces/Splints:
Medications:Anergies	
(Any medication(s) that may need to be taken during co	omnetition require a physician's note.)
ing meanantaing) and may need to be taken during et	sinpetition require a physician's notes
Previous Head/Neck/Back Injury:	
Heat Disorder, Or Sickle Cell Trait:	
Heat Disorder, Of Sickle Cell Hait.	
Previous Significant Injuries:	
Any Other Important Medical Information:	
Any Other Important Medical Information:	
I hereby give consent for my child to participate in the school healthcare treatment, including first add, diagnostic procedura nurses, athletic trainers, or other healthcare providers employs the healthcare providers have my premission to release my officials, in the event I cannot be reached in an emergency. I I understand that Delaware Interscholastic Athletic Associati status, and I hereby give my permission for the release of this Parent/Caardina Signature .	
Athlete's Signature:	Date:
Section 4: Verific	ation of Clearance for Participation
Qualified Health Care Professional's (QHP) Signature after re-	viewing PPE:(RN/ATC)
Date:	
r School Office Use Only: This card is valid from April 1, 20	through June 30, 20
e: If any changes occur, a new card should be completed by the pare.	nt/guardian. The original card should be kept on file in the school nurse, athletic

Name of School: Name of School OHP:

Rev 4/1/2023

-5

PPE - Medical Card (Page 5)

COACHES:

- Carry your athletes' emergency contact information with you at ALL times, including both practices and games
- Review to changes in Section 4 (of page 5)



SPORTS MEDICINE



SUDDEN CARDIAC ARREST

- All students must have annual PPE
- All students must sign the SCA Fact Sheet on PPE form
- Coaches must hold valid CPR certification

CONCUSSION

• Parents and athletes must read and sign the PPE Concussion information sheet.

HEAT ILLNESS PREVENTION

- Temperatures above 72 degrees with a relative humidity of 95% or higher produce a high risk of heat related illness
- Any temperature above 95 degrees, regardless of relative humidity level produces a high risk of heat related illness
- Water breaks must be provided to athletes



DIAA CONCUSSION PROTOCOL

SHOWING SIGNS OR SYMPTOMS

- Remove from play Coach or Official
- Evaluation by a Qualified Healthcare Professional

QUALIFIED HEALTHCARE PROFESSIONAL (QHCP)

 MD, DO, School Nurse, Nurse Practitioner, Physician's Assistant, Athletic Trainer (ATC)

IF NOT CLEARED BY QHCP

- Athlete CANNOT return to play that day
- Athlete must receive <u>written clearance</u> from a QUALIFIED <u>PHYSICIAN</u> HEALTHCARE PROVIDER to return to practice of play

Failure to comply = <u>ineligible</u> athlete

** Detailed information can be found on the DIAA website under "Health and Safety" https://education.delaware.gov/diaa/health_and_safety/concussions_and_sudden_cardiac_arrest/





HEAT RELATED PRACTICE MODIFICATION POLICY

- Add the numbers of temperature and relative humidity
- If the sum of the 2 numbers is higher than 150:
 - Practice time limited to 2 hours
 - Water breaks every 15 minutes
 - Helmets and shoulder pads only (football)
- If the sum of the 2 numbers is greater or equal to 160:
 - Practice limited to 90 minutes
 - Water breaks every 15 minutes
 - Helmets only (Football)
- If the sum of the 2 numbers is greater or equal to 170, all practice should be <u>stopped</u>.



EMERGENCY ACTION PLAN (EAP)



Coach/Adviso	Coach/Advisor Name:			Activity:		Levet		
1	911 TEAI	м 🜈	2	CPR/AED T	EAM 📝	3	AED TEA	M 😒
	CALL 911			START CP	R		GET THE A	ED
CALL 911. E	xplain emergency. Pro	wide location.	1. Position pe		and a second second		PRACTICE	EVENTS
	PRACTICE	EVENTS	chest.Keep	nd on top of the other or ing arms straight, push l	ard and fast, 100	Closest		
Closest Phone			compressio	nute. Let chest complete m. with other responders as		Student 1		
EMS Access			Coach			Student 2		
			Student 1				GET THE ATHLETIC	TRAINER
Street Intersection			Student 2			Typical	1	1
Student 1	8	1	Student3			location		
2 appendix 1			WHE	N AED ARRIVES, TU FOLLOW VOICE PR		Student 1		
Student 2		1. Sec. 1. Sec	1. Remove de	thing from chest.		Student 2		
MEETAMBU	JLANCE at EMS Access	Point. Take to victim.	2. Attach elec	trode pads as directed b while AED analyzes hea				
	PRACTICE	EVENTS	Stand clear while AD analyzes hear thythm. Keep area clear if AED advises a shock. S. Follow device prompts for further action. If unresponsive and not breat					
Entry Door/Gate			6. After EMS takes over, give AED to Athletic Administrator for data download.					
o con rorane					filetic Administrator for	normal	ly, begin CPR and	
					hletic Administrator for HEAT STR			get the AED.
Student 1			data down					l get the AED.
Student 1 Student 2	ACTS. Provide location	and victim's name.	4 Tub	load.	HEAT STR		м	l get the AED.
Student 1 Student 2	ACT5. Provide location NAME	and victim's name. CELL	data down 4 Tub Location	load.	HEAT STR		M PREPARE TUB C	i get the AED.
Student 1 Student 2 CALL CONT/ Athletic			4 Tub	load.	HEAT STR	OKE TEA	M PREPARE TUB C	i get the AED.
Student 1 Student 2 CALL CONTA Athletic Trainer			data down 4 Tub Location Water Source	load.	HEAT STR	OKETEA Student 1 Student 2 1. Remove e 2. Immerse	M PREPARE TUB D PRACTICE guipment/excess clothing autipment/excess clo	A get the AED.
Student 1 Student 2 CALL CONTA Athletic Trainer Athletic AD			data down 4 Tub Location Uce Source	load.	HEAT STR	OKETEA Student 1 Student 2 1. Remove e "If no tub entire box 3. Monitory	M PREPARE TUB D PRACTICE guipment/excess clothing thiete into cold ice water cold shower or training c y t t it signs.	A get the AED.
Student 1 Student 2			data down 4 Tub Location Water Source Location Ice Source Location Ice Towel	load.	HEAT STR	OKE TEA Student 1 Student 2 1. Remove e "If no tub entire boy 3. Monitory 4. Cool First, a. Cool V	M PREPARE TUB D PRACTICE guipment/excess clothing thiste in the cold ice water cold shower or rotating c by	A get the AED.

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CREATE AN ACTION PLAN

- Review with essential school personnel
- Review with officials
- Practice your plan
- UPDATE your plan as needed







PRACTICE POLICIES (DIAA Regulation 1008/1009)

ALL Practice Days (School and Non-School Day)

- One day of no practice (Practice/Scrimmage/Contest) per seven day period
- A minimum of 21 calendar days of pre-practice prior to the first competition date (25 days for football)
- Student must practice at least 7 calendar days prior to participating in a contest

School Day Practices:

• Limited to 2 hours which includes all instructional activity (team meetings, film, warm up/cool down sessions)

Practice on Non-School Days:

- Session should not exceed 3 hours
- Two practice sessions are allowed which total 5 hours maximum this includes a one-hour walk through session
- Dual-Session practices must be separated with at least 1 hour of recovery time





SEASON & WEEK LIMITATIONS



FAQ Concerning 1009.4.3.1 (Maximum Game Schedules)

	Team Limitations		Individual Limitations		
Sport	Season	Week	Week	Day	
Fall					
Cross Country (B/G)	15 competition dates	3 competition dates	3 competition dates		
Field Hockey (G)	15 contests	3 contests	3 Competition dates	4 quarters	
Football	10 varsity contests	1 contest	See Note 1		
	9 sub varsity contests				
Soccer (B)	15 contests	3 contests	3 competition dates	2 halves	
Volleyball (G)	15 competition dates	3 competition dates	3 competition dates	See Note 2	

- Note 1: The weekly limit for football is 4 varsity quarters or any combination of 5 varsity and sub varsity quarters provided no more than 3 quarters are at the varsity level.
- Note 2: The team limit for the volleyball season is 15 competition dates of which 1 date may involve more than 2 teams and may be competed over a 2 consecutive day period. The individual daily limit for volleyball is the total number of varsity games played by the team each day. For example, during dual meet competition if the JV plays 2 games and the varsity plays 5 games a player could participate in the 2 JV games and 3 of the 5 varsity games for a total of 5 games.



DIAA EVENT SANCTIONING





Sanction Forms

Submit sanction request to: diaa.sanction@doe.k12.de.us

DIAA Sport Sanction Calendar

DIAA Member Schools Sanction Application

Interstate Sanction Application

Financial Report

List of Invited Schools

Eligibility Verification

- Submit sanction form 30 days prior to the event
- Executive Director will review for approval
- Board approved sanctions will be returned to Athletic Director and posted on DIAA sanction calendar
- To access sanctioning information, visit the following link:

https://education.delaware.gov/diaa/gove rnance/forms/complianceeligibility/sanction-forms/







2023-2024

POINTS OF EMPHASIS



SPORTSMANSHIP



The practice of good sportsmanship is one of the primary goals of interscholastic athletics

1007.1.2.1.5.2

The <u>function of the coach</u> is to educate students through participation in interscholastic athletics. Demonstrate high ideals, good habits and desirable attitudes in their behavior. Coaches interactions shall be of the highest ethical and moral standard. Coaches should recognize the tremendous influence they have on student athletes and never place the value of winning above the highest ideals of character.

14 points of coach expectations in Regulation 1007 (Sportsmanship)





1007.1.2.1.5.4

Officials are participants in the educational development of high school students. They must exercise a high level of self-discipline, independence and responsibility. Remember that the field is a classroom. Officials must be highly ethical in all forums, chat rooms, all forms of social media, and communications regarding the sport and participants.

9 points of officials expectations in Regulation 1007 (Sportsmanship)





INCIDENT & GAME EJECTION PROCEDURE

- All cards are reported using the incident/ejection form
- The DIAA Office must be notified by noon of the day following the ejection
 - School AD will be notified of ejection immediately following
- Officials complete the ejection form:

https://education.delaware.gov/diaa/diaa_for/officials/forms/





POSITIVE SPORTSMANSHIP

- Positive instances of sportsmanship by game participants can and should be awarded when merited
- To complete a Sportsmanship Incident Reporting Form, visit:
 DIAA For → Officials → Forms

Form	Use
DIAA Incident Reporting Form	Please use this form to report unsportsmanlike conduct behavior, fouls, cards, penalties and ejections.
Sportsmanship Incident Report Form	Please use this form to report all other sportsmanship incidents, including positive feedback of players, coaches or teams.



DIAA POLICIES & PROCEDURES



APPEAL OF GAME EJECTION

- To appeal a game ejection, guidelines within Regulation 1007 should be followed, as necessary.
- When appealing a game, supporting documents should be submitted to DIAA to assist with the appeal process
- Supporting documents can exist but are not limited to:
 - Photographs
 - o Films
 - o NFHS Rules





GAME EJECTIONS:

REGULATION 1007 2.3

- Player or coach disqualified for an unsportsmanlike act shall be suspended from the next contest
- The coach or player **shall not be physically present** at any contest in that sport during the suspension
 - Coach or player must be **out of sight and sound** of the game and game related activities
- Any repeated acts of unsportsmanlike conduct by game participants during a season shall be ineligible for the next contest





GAME EJECTIONS:

REGULATION 1007 2.3

- If a coach or player is disqualified from the final game of the season, the suspension will carry over to the next year in that sport
- A coach or player ejected for the **second time** during the same season will be subjected to a **2 game suspension** and will meet before the DIAA Sportsmanship Committee





DIAA Scholar-Athlete State Tournament Awards <u>NEW</u> format for 2023-2024 1 award per school, per tournament for team sports Swimming, Cross Country, Indoor & Outdoor Track, Golf Tennis ??

Harry Roberts/DIAA Senior Scholar-Athlete Awards

Dale Farmer/DIAA State Champions in Sportsmanship Award -Award needs to be revamped, HOW ?????



NFHS AllAccess and Rules App

- NFHS AllAccess (replaced e-books) is now available for digital rule books and other publications <u>https://allaccess.nfhs.org/</u>
- NFHS Rules App:
 - Searchable
 - Highlight areas of interest
 - Make notes
 - Easy navigation
 - o Immediate availability



NFHS Rules Information



- For Coaches & Officials <u>http://www.nfhs.org/RuleChangeProposal</u>
- NFHS Rules Questionnaire Yearly input from Coaches/Officials <u>http://www.nfhs.org/sports-resource-content/nfhs-sport-questionnaires/</u>
- 2023-24 Rule Books will be distributed by AD's to Head Coaches (Provided to schools by DIAA)



NFHSLEARN

FREE courses include:

- Bullying, Hazing and Inappropriate Behaviors
- Understanding Copyright and Compliance
- Hazing Prevention for Students
- Concussion in Sports
- Concussion for Students
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Coaching Unified Sports
- Positive Sport Parenting
- NCAA Eligibility









NFHS Network





- DIAA will continue to partner with the NFHS Network for all championship events.
- All Championship events are the sole property of the DIAA. Any events not covered by the NFHS Network can be made available to participating schools (Prior approval is required and fees may apply).
- NFHS Network subscriptions makes watching possible no matter where you are.

CONNECT WITH DIAA







TWITTER

@DIAA_Delaware





THANK YOU

FOR YOUR SUPPORT OF THE DIAA & INTERSCHOLASTIC ATHLETICS!

Do you have any questions?

Please contact Angel Prinos at: <u>Angel.Prinos@doe.k12.de.us</u>









Coming Up Next ...



DAAD BUSINESS MEETING

