# WELCOME

# Spring 2022 - Tennis DIAA Rules Clinic February 5, 2022





## Agenda & Schedule

- Welcome & Introduction
- 8:30 DIAA Rules Clinic & 2022 Tennis Season Info
- 9:20 USTA updates Kelly Rasero
- 9:45 On Court Workshop Tim Fitzgerald
- 10:45 DE District Donation Pro Shop gently

used tennis equipment and clothing donated by the tennis community for coaches to take for their players



# DIAA STAFF

Donna Polk, Executive Director Steph Mark, Coordinator of Athletics Tanya Reed, Administrative Secretary Office: 302-857-3365 Email: diaa@doe.k12.de.us

DIAA Tennis Committee Chair: John Taylor - Newark HS john.g.taylor@christina.k12.de.us



# **Connect with DIAA**



Page: Delaware Interscholastic Athletic Association

www.facebook.com/DelawareInterscholasticAthleticAssociation



### **Twitter** @DIAA\_Delaware



### Instagram @DIAA\_de



# **DIAA PURPOSE**

- to preserve and promote the educational significance of interscholastic athletics;
- to ensure that interscholastic sports remain compatible with the educational mission of the member schools;
- to provide for fair competition between member schools;
- to promote sportsmanship and ethical behavior;
- to establish and enforce standards of conduct for athletes, coaches, administrators, officials and spectators;
- to protect the physical well-being of athletes; and
- to promote healthy adolescent lifestyles.



# **Resources:**

### DIAA website: https://education.delaware.gov/diaa/

### Newly launched website in September 2021 - Starting point for <u>ALL</u> DIAA information and related links





# **Resources:**

- **DIAA Tennis Sport Page:**
- Sport Championships / Spring Sports/ Tennis Website4sports:
- Your school site Coaches and ADs external score reporting, scheduling, rosters, team photos
- **US Tennis Association:**
- www.usta.com





# Resources

- DE Department of Education
- DIAA Board of Directors
  - Calendar, meeting join info, minutes
- Sport Committee Meetings
- Be an advocate for Delaware tennis!





# COVID-19

### **COVID Mask Guidance**

- DIAA Regulation 1011 was repealed on August 11.
- Masks are required to be worn by students, faculty, staff, and visitors inside school buildings regardless of vaccination status PER the following orders:
  - Department of Education Emergency Order 815
  - <u>Delaware Health Social Services Emergency Order 4202</u>
    - Orders for reference can be found at: <u>https://governor.delaware.gov/health-soe/</u>





## **COVID-19 MASK GUIDANCE**

### **COVID Mask Guidance - DOE EMERGENCY ORDER 815**

- Current mask guidance per <u>Department of Education Emergency Order 815</u>
  - 6.0 COVID-19 Mitigation and Prevention
  - 6.1.1 All schools that serve students kindergarten through twelfth grade shall require mask use by all students, faculty, staff, and visitors inside school buildings, regardless of vaccination status.
- The Department of Education will receive, consider, and respond to petitions by any interested persons for reconsideration or revision of the amendments to the Emergency Regulation by addressing the petitions to the Department of Education, <u>regulations.comment@doe.k12.de.us</u>





## **COVID-19 MASK GUIDANCE**

### **COVID Mask Guidance - DHSS EMERGENCY ORDER 4202**

- Delaware Health Social Services Emergency Order 4202
  - 7.7.1.1. All schools that serve students kindergarten through twelfth grade shall require mask use by all students, faculty, staff, and visitors inside school buildings, regardless of vaccination status.
- The Department will receive, consider, and respond to petitions by any interested person for recommendations or revisions of this Order. Petitions should be presented to the Division of Public Health, <u>alanna.mozeik@delaware.gov</u>.





## **COVID-19 MASK GUIDANCE**

- It's the expectation that MEMBER SCHOOL/HEAD COACHes take responsibility to ensure their team is in mask compliance per the emergency orders listed previously (indoors in K-12 settings.)
- Issues of mask non-compliance can be referred to DIAA diaa@doe.k12.de.us who will send the compliance incident(s) to be dealt with by the Department of Education and Delaware Health and Social Services for further action





## Recommended COVID Return to Play Protocol:

- DPH encourages member schools to continue to implement layered mitigation risk strategies among unvaccinated populations and in crowded settings where social distancing cannot be maintained.
- DPH reiterated that face coverings and frequent hand washing remain very effective to fighting the spread of COVID-19.
- DIAA member school coaches and sports teams are asked by DPH to encourage members of their communities to get vaccinated.
- Practicing Self-awareness if you feel sick, stay home.





## **DIAA Regulations**

- DIAA website / Governance / Handbook-Regulations
- Coaches education/training requirements (Regulation 1008/1009 7.0)
  - Attendance at DIAA rules clinic (required by Head Coach)
  - Required by all coaches (every level)::
    - Hold a current CPR certification
    - Complete the NFHS "Concussion in Sports" course through NFHSlearn.com every 2 years
- Eligibility roster due by first contest date ADs will submit
- Player health and safety guidelines balance of athletics and academics
- Championships limited to current DIAA member high school teams only





## **Sports Medicine**

### PPE – Medical Card (page 5)

### **COACHES:**

Are encouraged to carry athletes' emergency contact information with you at ALL times. ATC should prepare and give them to you.

### **PRACTICES & GAMES**

This is page 4 from their Physical Forms [DIAA PPE]

#### SCHOOL ATHLETE MEDICAL CARD

(Parent/Guardian: please print and complete Sections 1, 2 & 3)

NAME:	SPORT(S):					
AGE: GRADE: BIRTH						
ADDRESS:						
PHONE: (H)	(W)	(C)	(P)			
Other authorized person to cont	act in case of emergency:					
1	<i>.</i> ,					
NAME:	<i>.</i> ,					
NAME:		PHONE(s):				
NAME: NAME: Preference of Physician (and pe	ermission to contact if nee	PHONE(s): PHONE(s): ded):				
NAME: NAME:	ermission to contact if nee	PHONE(s): PHONE(s): ded):				
NAME: NAME: Preference of Physician (and pe	ermission to contact if nee	PHONE(s): PHONE(s): ded): PHONE:				

Section 2: MEDICAL INFORMATION			
MEDICAL ILLNESSES:			
LAST TETANUS (mo/yr):ALLERGIES:			
MEDICATIONS:			
(any medications that may be taken during competition require a physician's note)			
PREVIOUS HEAD/NECK/BACK INJURY:			
HEAT DISORDER OR SICKLE CELL TRAIT:			
PREVIOUS SIGNIFICANT INJURIES:			
ANY OTHER IMPORTANT MEDICAL INFORMATION:			

#### Section 3: Consent for Athletic Conditioning, Training and Health Care Procedures

<u>Section 4:</u> Clearance for Participation Cleared with the following restrictions:

—

\_\_ Cleared without restrictions Health Care Provider's Signature:\_

MD/DO, PA,NP Date:\_\_\_

**For office use only:** This card is valid from April 1, 20\_\_\_\_\_\_ through June 30, 20\_\_\_\_\_\_ Note: If any changes occur, a new card should be completed by the parent/guardian. The original card should be kept on file in the school athletic director's or athletic trainer's office. A copy should be kept in the sports' athletic kits. This card contains personal medical information and should be treated as confidential by the school, its employees, agents, and contractors.

Name of School:

## **Sports Medicine**

### Sudden Cardiac Arrest

- All students must complete the annual PPE prior to participation
- All students must sign the SCA Fact Sheet on PPE form
- Coaches must hold valid CPR certification.

### **Concussion:**

- Parents and Athletes must read and sign PPE Concussion information sheet
- Coaches and Officials must take the NFHS Concussion Course once every 2 years





## **DIAA Concussion Protocol**

### **Shows Signs or Symptoms**

- a. Remove participant from play to safety Official or Coach
- b. Evaluated by a Qualified Healthcare Professional (QHP) includes: MD, DO, School Nurse, Nurse Practitioner, Physician's Assistant or Athletic Trainer (ATC)
- c. Athlete must have <u>written clearance</u> from a QUALIFIED PHYSICIAN to return to practice or play.





## **Emergency Action Plan [EAP]**

Create an Action Plan and practice it!



#### Coach/Advisor Name: Activity: Level: 911 3 2 1 **CPR/AED TEAM AED TEAM 911 TEAM CALL 911** START CPR **GET THE AED** PRACTICE EVENTS CALL 911. Explain emergency. Provide location. 1. Position person on back. 2. Put one hand on top of the other on middle of person's PRACTICE Closest EVENTS chest. Keeping arms straight, push hard and fast, 100 AED presses/minute. Let chest completely recoil after each Closest compression. Phone 3. Take turns with other responders as needed Student 1 EMS Access Coach Student 2 Point Student 1 Street Student 2 Intersection Typical location Student 3 Student 1 WHEN AED ARRIVES, TURN IT ON AND Student 1 FOLLOW VOICE PROMPTS Student 2 Student 2 1. Remove clothing from chest. Attach electrode pads as directed by voice prompts. MEET AMBULANCE at EMS Access Point. Take to victim. 2. 3. Stand clear while AED analyzes heart rhythm. CALL 911 for all medical emergencies. PRACTICE EVENTS 4. Keep area clear if AED advises a shock. If unresponsive and not breathing 5. Follow device prompts for further action. Entry 6. After EMS takes over, give AED to Athletic Administrator for Door/Gate normally, begin CPR and get the AED. data download. Student 1 **1 HEAT STROKE TEAM** 4 275 Student 2 PRACTICE EVENTS PREPARE TUB DAILY CALL CONTACTS. Provide location and victim's name. Tub PRACTICE EVENTS Location NAME CELL Student 1 Water Source Athletic Student 2 Location Trainer 1. Remove equipment/excess clothing. Move to shade. Ice Source 2. Immerse athlete into cold ice water tub, stir water. Location Athletic AD \*If no tub: cold shower or rotating cold, wet towels over the entire body Ice Towel Monitor vital signs. з. Location Student 1 4. Cool First, Transport Second. a. Cool until rectal temperature reaches 102°F if ATC or Student 1 MD is available Student 2 b. If no medical staff, cool until EMS arrives. Student 2

**Emergency Action Plan Worksheet – Student Response Team** 

## **Safety Policy - Lightning/Thunder**

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

- 1. <u>**30-minute rule</u>**. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed\* prior to resuming play.</u>
- 2. Any subsequent thunder or lightning\* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
- 3. When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, you should never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning\* should always take precedence over information from a mobile app or lightning-detection device.





### Lightning/Thunder.....continued

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

\*At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel.

Inform student-athletes and their parents of the lightning policy at start of the season.





### **Safety - Weather**

**DIAA Heat Restrictions - Competition and Practice Guidelines** 

- DIAA website / Health and Safety / Safety Procedures
- <u>https://education.delaware.gov/diaa/health\_and\_safety/safety\_proc</u> edures/
- Practice and competition limitations
- Wet bulb globe thermometer Athletic Trainers tool





# **Practice Policies**

### **DIAA Regulation 1008/1009-4.2**

### ALL practice days (school and non-school day):

- One day of no activity per seven day period
- A minimum of 21 calendar days of practice prior to the first competition date
- Student must practice at least 7 calendar days prior to participating in a contest



# **Practice Policies**

### DIAA Regulation 1008/1009

 School day practices are limited to two (2) hours which includes all instructional activity (team meetings, film, warm up/cool down sessions)

### Practice on Non School Days:

- No practice can be longer than three (3) hours in length
- A grand total of five (5) hours of physical activity daily
- When having 2 practice sessions in a day; there MUST be a <u>one hour minimum</u> cooling/rest period between the two practice sessions.



# **Practice Policies**

- Maximum # of Competitions:
- Tennis
  - 15 contests maximum per regular season
  - 3 contests per week scheduled
- Weekly Individual Limitations:
  - 3 contests max student athlete may play in
  - <u>Weather Exception</u>: Four (4) contests are possible due to weather postponements provided the at least one contest is on a weekend.



# Sportsmanship

The practice of good sportsmanship is one of the primary goals of interscholastic athletics.

**1007.1.2.1.5.2** The function of the coach is to educate students through participation in interscholastic athletics. Demonstrate high ideals, good habits and desirable attitudes in their behavior. Coaches interactions shall be of the highest ethical and moral standard. Coaches should recognize the tremendous influence they have on student athletes and never place the value of winning above the highest ideals of character.



14 points of coach expectations in Regulation 1007 (Sportsmanship)

# Sportsmanship

- Administrators
- Officials
- Coaches
- Student Athletes
- Spectators

Review Regulation 1007 with team and coaches to communicate season expectations\*



## DIAA Sportsmanship -Coach's Role & Impact

- Coach's role in promoting good sportsmanship is invaluable
- Proactive communicate with student athlete/coach/Athletic Director/DIAA
- Foster reflection and discussion around incident
- Use tools to impact future behavior
- Learning opportunities and student growth
- Set clear expectations of what acceptable sportsmanship looks like and what it does not look like
- Practice self-awareness & positive role modeling



## DIAA POLICIES & PROCEDURES

### **Incident & Game Ejection Procedure:**

- Submit Incident Report Form: DIAA For / Officials / Form
- <u>https://education.delaware.gov/diaa/digital-assets/diaa-incident-reporting-form/</u>
- The DIAA Office must be notified by noon of the next day so the school AD can be notified of ejection/game suspension.
- DIAA takes a proactive approach to inform ADs of incident/ejections that come into the office.
- Sportsmanship reporting (positive & negative also important)



### INCIDENT/REPORTING FORM\*\*

#### Forms

All ejection and sportsmanship incidents will be reported using the forms below. This form is to be completed by the official/officials association incident coordinator following an incident or ejection. This form must be submitted to DIAA within 24 hours of completion of the contest. If you have questions regarding the reporting process, please contact Stephanie Mark.

Form	Use
DIAA Incident Reporting Form	Please use this form to report unsportsmanlike conduct behavior, fouls, cards, penalties and ejections.
Sportsmanship Incident Report Form	Please use this form to report all other sportsmanship incidents, <b>including positive</b> <b>feedback of players, coaches or teams.</b>

Home / DIAA for / Officials / Forms

#### Officials

Officials Association Contact Info DIAA Officials Requirements Become A Sports Official Make Up Rules Quizzes Recommended Contest Assign Guidelines Rules Clinic Schedule & Registration Forms State Tourney Game Balls Official Fee Scale

### Reporting positive instances of Sportsmanship by game participants



### WWW.NFHSLEARN.COM

### FREE courses include:

- Bullying, Hazing and Inappropriate Behaviors
- Understanding Copyright and Compliance
- Hazing Prevention for Students
- Concussion in Sports
- Concussion for Students
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Sportsmanship
- Coaching Unified Sports
- Positive Sport ParentingNCAA Eligibility



## Tennis Season Dates

- 1st date of spring practices 2/28
- 1st date competition -3/21
- Last date of competition 5/17
- Tennis seeding meeting 5/18
   Championship dates
  - 1st & 2nd rounds 5/21
  - Quarterfinals 5/23
  - Semifinals 5/24
  - Finals 5/25





## **Tournament Manual**

- DIAA website:
  - https://education.delaware.gov/diaa/sport\_champio nships/tournament\_manuals/
- Review Tennis Tournament Manual (new 2021-2022)
- Pay attention to important dates & PLAN!
  - Team report scores deadline (LDOC)
  - Website information deadline team photo



## **Tennis Championship**

- DIAA Tennis will be using Universal Tennis Rating (UTR) platform this spring.
- All coaches will need to activate their teams information/instructions will be sent to you before 2/28
- Once your school is activated, please enter your current rosters into UTR. Please enter all freshman, junior varsity, and varsity players
- If a player is not registered with UTR, they need to create their free player profile. There is a QR code attached that makes it simple and easy to get your players registered on UTR. Have players scan the QR code at the beginning of practice to create their free UTR profile, or just have them go to <a href="https://app.myutr.com/join">https://app.myutr.com/join</a> to register. Players can also be invited to the team roster via email (details will be in packet).
- Once your team is activated, all players on your team need to be added to your roster.
- Returning players from last year's teams will carry over to the 2022 season and all players should be in UTR
- Website4sports will be integrated with UTR so all scores will need to be entered only once next slide
- UTR will assist in the DIAA Tennis Championship seeding, administration, and overall championship operations.
- All coaches should attend a hosted UTR workshop that will be held over a few sessions look for link to join and connect with Jonathan (UTR) for any troubleshooting issues.



## **Score Reporting**

**Event Details** 

Game Away Padua Academy Greenbank Courts 2 spectators per a	thiete (home and away). Please see main nbank Courts@ 3:30pm Final Score		
Away Padua Academy Greenbank Courts 2 spectators per a	nbank Courts@ 3:30pm Final Score		
Padua Academy Greenbank Courts 2 spectators per a	nbank Courts@ 3:30pm Final Score		
Greenbank Courts 2 spectators per a	nbank Courts@ 3:30pm Final Score		
2 spectators per a	nbank Courts@ 3:30pm Final Score		
	nbank Courts@ 3:30pm Final Score		
Green	Final Score		
	0		
	5		
	Scoring Summary * Report winners of each match followed by "def" and the losers for each match. Identify the school for the winner. Example: (Singles) Thomas, W, def. Jones 6-3, 6-2 (Doubles) Cooper-Hill, W, def. Davis-Johnson 6-3, 6-3 Note: Rosters are included below to help with correct spelling, etc. Anything entered in the "Additional Highlights" will be sent to website but not the media.		
def. Evancho 6-1, 6-			
	••••         c, def. Gerhart 6-4, 6-         def. Evancho 6-1, 6-         P, def. Arrington 6-2,         Ng, P, def.         Illis, P, def.		

Sport:	Tennis - Girls - Varsity			
Event Date:	3/29/2021 - 3:30pm			
Event Type:	Game			
Home/Away:	Away			
Opponent:	Padua Academy			
ocation:	Greenbank Courts			
Schedule Comments:	2 spectators per athlete (home and away). Please see main			
Tennis				
Date: 3/29/2021		Greenbank Courts	@ 3:30pm	
			Final Score	
St. Mark's HS			0	
Padua Academy			5	
1st Singles	Set 1	Set 2 Set 3		
St. Mark's HS				
Gerhart, Samantha	✓ 4	3		
Padua Academy				
lannucci, Ava	• 6	6		
2nd Singles	Set 1	Set 2 Set 3		
St. Mark's HS				
Evancho, Rachel	▼ 1	2		
Padua Academy				
	6	6		
Barnak, Alyssa	• 6			
3rd Singles	Set 1	Set 2 Set 3		
St. Mark's HS		The state of the s		
	<b>v</b> 2			
Arrington, MarDaya	▶ 2			
Padua Academy				

6

×

Jennings, Kathryn

6

### NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN Est. 1920):
  - National leadership organization for high school sports and fine arts activities;
  - National authority on interscholastic activity programs;
  - Conducts national meetings;
  - Sanctions interstate events;
  - Produces national publication for high school administrators;
  - National source for interscholastic coach training and national information center.





## **DIAA TENNIS 2022**

# Rules, Regulations and Procedures for DIAA Matches


#### Rules, Regulations and Procedures for DIAA Matches

- DIAA Tennis follows United States Tennis Association official rules = \*Refer to "Friend at Court"
  - Team competition will consist of three singles and two doubles matches.
  - In all matches, once the team score outcome has been decided, all individual remaining matches must play the ten [10] point tie breaker.
  - A match begins with the first serve.
  - A singles or doubles match will consist of best out of three sets.



## **DIAA Matches**

- Players may not compete in both a singles and a doubles match in the same team competition.
- The home team will provide a new, pressurized can of top quality tennis balls for each singles and doubles match. If both players request a new can for the third set, it is permitted
- If the score reaches six games all, the seven-point tiebreak will be used.



# Scoring

- Players will keep their own scores and call the lines but may ask for two line judges if they feel it is warranted.
  - Each coach will be responsible for providing a line judge if requested if he/she feels it is warranted and available.
    Players should attempt to resolve dispute before asking for line judge.
  - The server will be responsible for announcing the point score and at the beginning of each game, also announcing the game score. If the score is in dispute, the match score will revert to the last score both opponents can agree upon.



## Score Reporting & Warm-Up

#### **Score Reporting:**

- Coaches must agree who will report the results of the singles and doubles matches and the team score to websites4sports.
- Post results on your site promptly.



#### Warm-Up:

- The pre-match warm-up is limited to a maximum of 10 minutes and all practice must take place during this 10-minute period.
- No coaching is allowed during pre-match warm-up.

# **DIAA Matches - Line Up:**

 Coaches will position their players based on a challenge system, of their own determination so that the team's best player competes against the opponent's best player at singles. This continues through the line-up.



# **DIAA Matches - Line Up:**

- The doubles teams will be chosen from the remaining team members with the best doubles team playing in the 1<sup>st</sup> doubles position and the second best doubles team playing in the 2<sup>nd</sup> doubles position.
- The results of these challenge matches must be on file with the AD before the season begins and must be available for Tennis Committee review. Results musts be updated as changes occur throughout the season.



### DIAA Matches: Challenge Matches

- A record of each challenge match should be kept on file in the athletic director's office.
- If a question arises regarding the legitimacy of a particular team's line-up, the DIAA Office should be notified.
- The DIAA Office may request the records of that team's challenge matches. Failure on the part of that school to provide the proper documentation will result in forfeiture of the match(es) in question.



If a player is absent, his/her substitute may be selected from one of the following options:

A. Any player ranked below the absent player on the Challenge System may be moved up, then all needed substitutions can be enacted to move players into any vacated slot(s) by moving other lower ranked players up into a vacated slot.

B. The player ranked 8<sup>th</sup> on the Challenge System may be moved into the absent player's slot.



- If a player is absent for more than 2 weeks (5 consecutive matches), due to INJURY or ILLNESS, the other players must move up and the substitute player may compete no higher than the 3<sup>RD</sup> singles position.
- If a doubles player is absent for more than 2 weeks (5 consecutive matches), his/her substitute may be any player below him/her on the challenge ladder. The strongest doubles team must compete in the #1 doubles position.



- The absent player may regain his/her position through challenge matches.
- In this instance, challenge matches must consist of a minimum of a pro set (8 games).



### **DIAA Matches - Substitute Players:**

- In the case of a player who
  - QUITS;
  - HAS A SEASON ENDING INJURY;
  - IS ACADEMICALLY INELIGIBLE;
  - OR DISMISSED FROM THE TEAM;

the substitute player will be considered the 7<sup>th</sup> ranked player on the team and everyone else must move up by the next match.



 After season, before the tournament, if player is dismissed, a substitute can be entered. The remainder of line-up can remain the same.



## **DIAA Matches - Coaches**

- A list of approved coaches for each school, signed off by the school, must be carried by the coach and on file with the DIAA Office.
- School approved coaches should be listed on the team's website4sports page
- All coaches need to complete the requirements as outlined in DIAA Regulations.



# **DIAA Matches - Coaching**

- A brief instructional period (maximum of 90 seconds) will be allowed during one change over per set and between the 1<sup>st</sup> and 2<sup>nd</sup> sets of a match. (maximum of 2 minutes)
- Players must remain on the court, must not interfere with the match on an adjacent court.
- Only the local school board approved coach(es) who have been identified at the start of the match may instruct a player and he/she will, when feasible, remain outside the playing area
- If two or more players finish at the same time, the coach must determine which player (except when the players are on adjacent courts) to advise during the 2 minute instructional period.



# **DIAA Matches - Coaching**

- If the coach (approved person) is not available during the 2-minute instructional period to advise his/her players, then the opportunity is forfeited. No coaching by parents, other players, or spectators will be permitted.
- Non-participants must remain off the playing courts and out of the coaching area immediately surrounding the playing courts.
- No coaching is allowed by anyone during the seven [7] point and ten [10] point tie breakers. However, in the 2 minute period before the ten [10] point tie break coaching is allowed.



## **Rest Periods**

 A rest period of not more than 10 minutes will be allowed between the 2nd and 3rd sets of a match during which time players may leave the court.



# **Incomplete Match**

- Any match which is not completed and is postponed to a later date must be finished by the same player/s that originally started the match.
- Failure to do so would result in a forfeit of that court.
- Coaches need to record all match data at the time of suspension/postponement (lineup, score, sides, serve).



## Attire

- Players should be dressed in proper tennis attire so as to present a neat appearance.
- Teams are required to have a school-approved uniform consisting of at least matching tennis shirts, shorts or skirts.
- Midriffs must be covered and no lettering or logos other than the school logo and a manufacturer's original logo will be permitted.



#### Tie-Breakers & Adjusted Point Penalty System

#### **TIE-BREAKERS**:

- The 7 Point Tie-break (Tie-break Game)
- The 10 Point Tie-break (Match Tie-break)
- Details found on in DIAA Tennis Tournament Manual.

#### ADJUSTED POINT PENALTY SYSTEM

- Refer to the table of violations and penalties in manual & on DIAA website.
- Discuss at the start of each match throughout the season.





#### Thank you for your support of Interscholastic Athletics!



