



2022 NFHS BASEBALL RULES POWERPOINT

National Federation of State
High School Associations



B. Elliot Hopkins, MLD, CAA
NFHS Director of Sports, Sanctioning and Student Services

NFHS CORPORATE PARTNER

Exclusive Baseball/Softball App of the NFHS



Features

- Scorekeeping, Stats & Pitch Counts
- Animated Live Game & Recap Story
- Live Video Streaming & Highlight Clipping
- Team Management Tools
- Team Communication

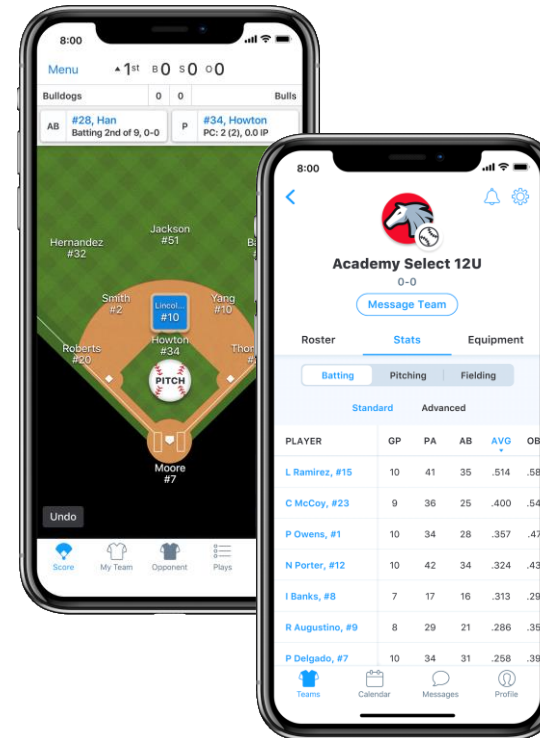
State Association Benefits

- Pitch Count Tracking & Reporting
- Consolidated Stat Tools
- State Tournament Stats

Stay Tuned! – Upcoming Webinar and Q&A Session

- What's New?
- Updates to League/Pitch Count Tools
- Hear from Current State Association Partners

Contact - Kyleigh Meisler | Kyleigh@gc.com



GAMECHANGER BY DICK'S SPORTING GOODS



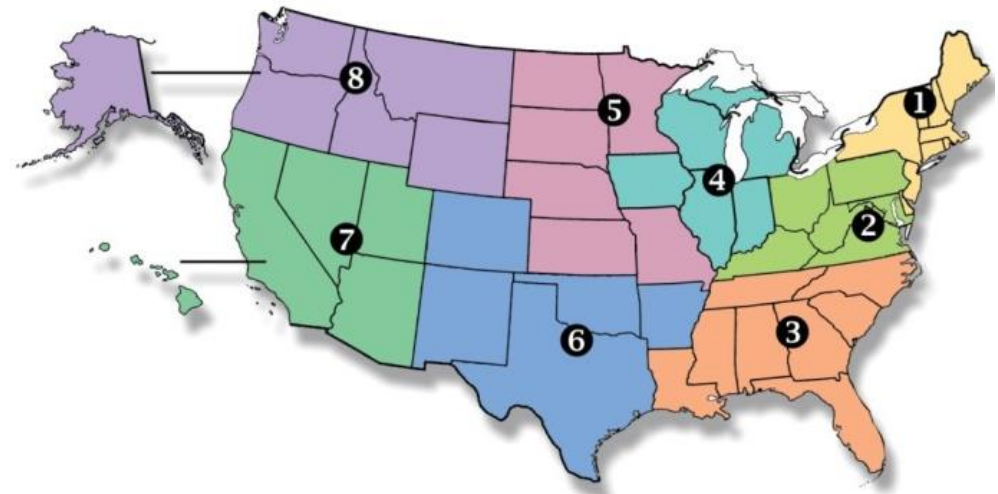
IMPORTANT FACTS AND DATES

- *2018-19 Participation Results
 - Baseball (4) 482,740 [down from 2017-18 {487,097}]
 - Girls': 1,284 (down from 2017-18 1,762)
- In-person Interpretation Meeting Date
 - January 19-20, 2022
- Mid-Season Webinar Date
 - April 22, 2022
- Rule Change Proposal Submission Dates
 - Open Date: September 1, 2021
 - Close Date: May 1, 2022
- Rules Committee Date
 - June 5-7, 2022



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- NFHS (located in Indianapolis, IN – Est. 1920):
 - National leader and advocate for high school athletics and performing arts programs.
 - Serves 51 state associations, 19,500 high schools and 12 million student participants.
 - Writes playing rules for 17 high school sports for boys and girls.
 - Offers online education courses for high school coaches, officials, parents, students and others.
 - Ensures that students have opportunity to enjoy healthy participation, achievement and good sportsmanship in education-based athletics.



NFHS RULES REVIEW COMMITTEE

- The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.



Davis Whitfield
Chief Operating
Officer



Lindsey Atkinson
Basketball, Girls
Lacrosse and
Volleyball



Bob Colgate
Football and Sports
Medicine



Sandy Searcy
Softball, Swimming &
Diving and Water Polo



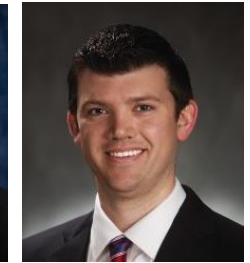
Elliot Hopkins
Baseball and
Wrestling



Julie Cochran
Cross Country, Gymnastics,
Field Hockey, Soccer and
Track & Field



James Weaver
Boys Lacrosse
and Spirit



Dan Schuster
Ice Hockey

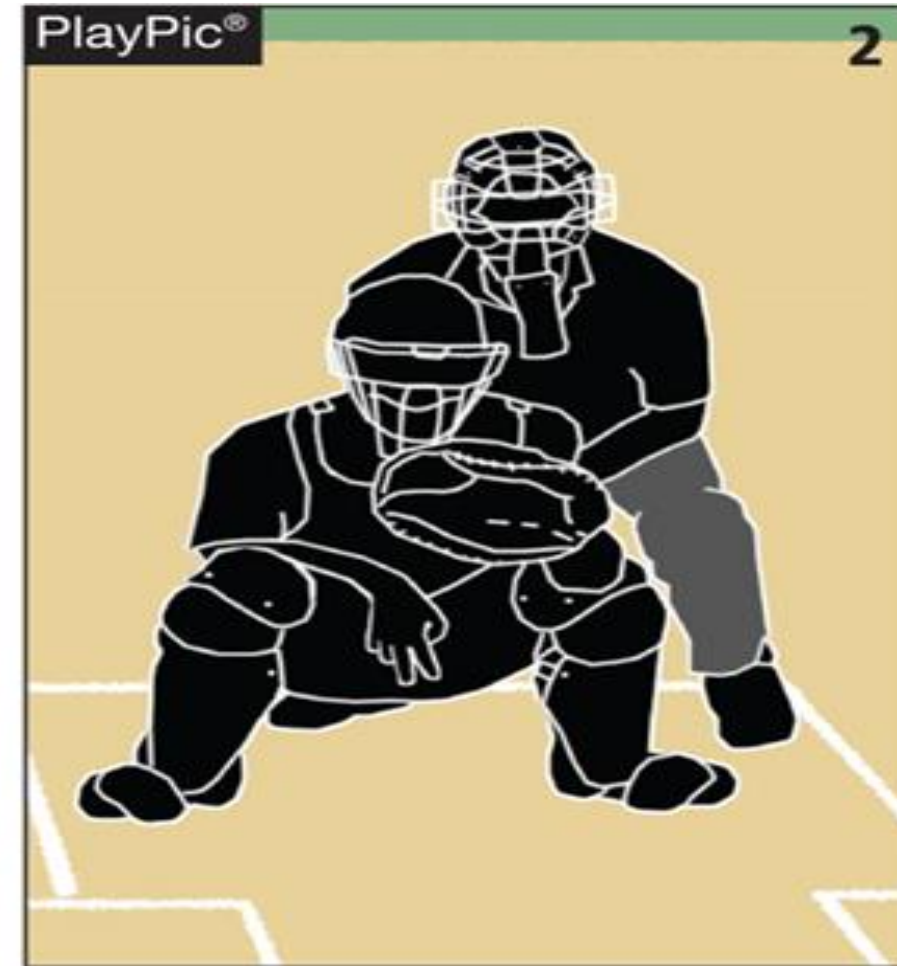
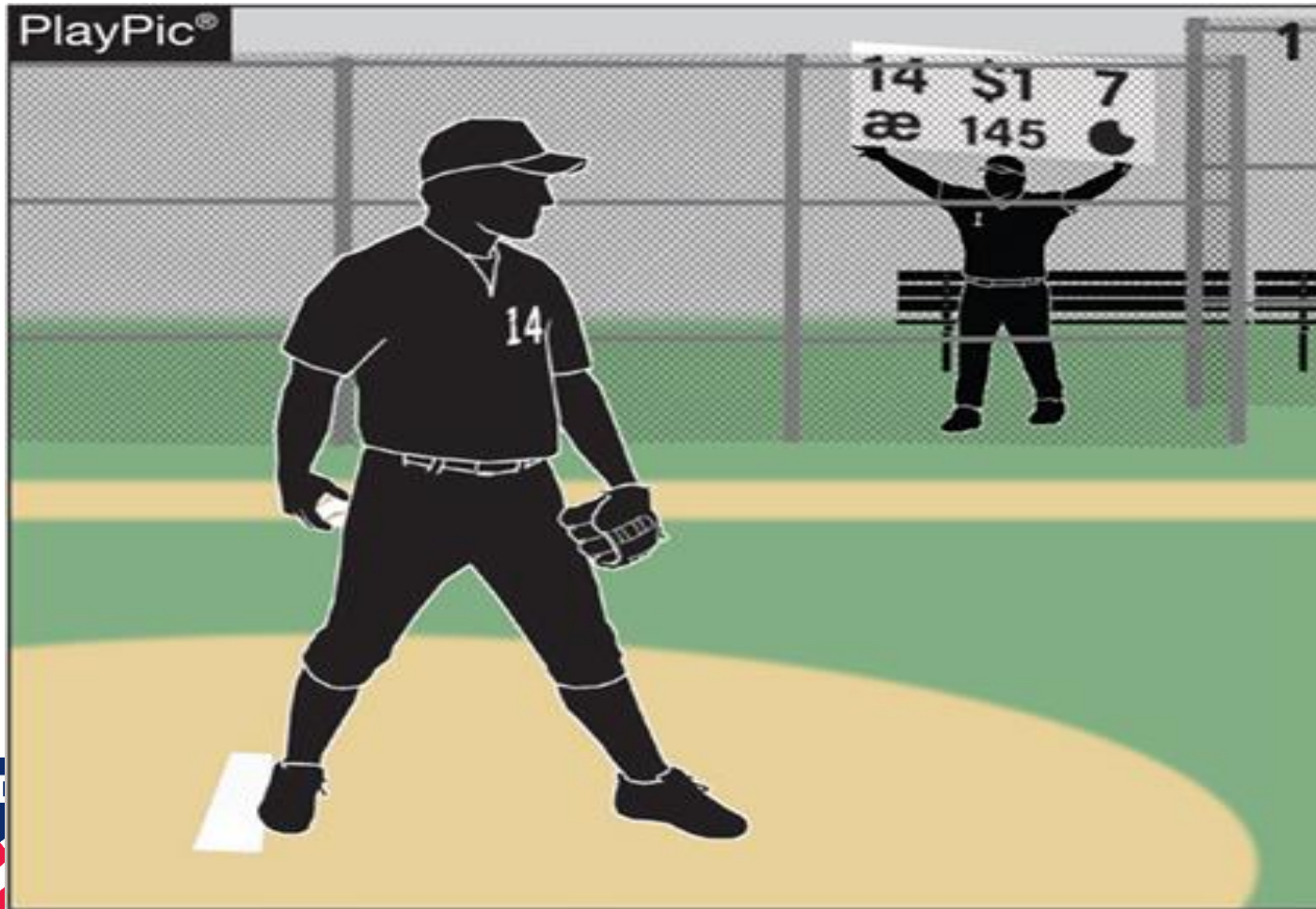




RULES CHANGES



RULE 6-1-1 PITCHING





RULE 6-1-1

ART. 1 . . . The pitcher shall pitch while facing the batter from either a windup position (Art.2) or set position (Art.3). The position of his feet determine whether he will pitch from the windup or the set position. He shall take or simulate taking his sign from the catcher with his pivot foot in contact with the pitcher's plate. The pitching regulations begin when he intentionally contacts the pitcher's plate. Turning the shoulders after bringing the hands together during or after the stretch is a balk. He shall not make a quick-return pitch in an attempt to catch a batter off balance. The catcher shall have both feet in the catcher's box at the time of the pitch. If a pitcher is ambidextrous, the umpire shall require the pitcher to face a batter as either a left-handed or right-handed pitcher, but not both.



RULE 6-1-1

Rationale:

The pitcher acquiring the sign from the catcher is one of the fundamental rules of baseball. It not only signals the defensive team that action is about to be initiated, but it also establishes when an offensive base runner(s) can take a lead-off from his/her base. That simple act has evolved over the last decade but was not supported by an accompanying rule. This change validates the pitcher taking the sign from the dugout/bench via “call” signs, numbers, colors, or an arm wristband/placard that contains printed cards where the defensive set up/pitching repertoire is located. This aspect of the game has become more sophisticated to match the skill level and ability of today’s high school baseball player.

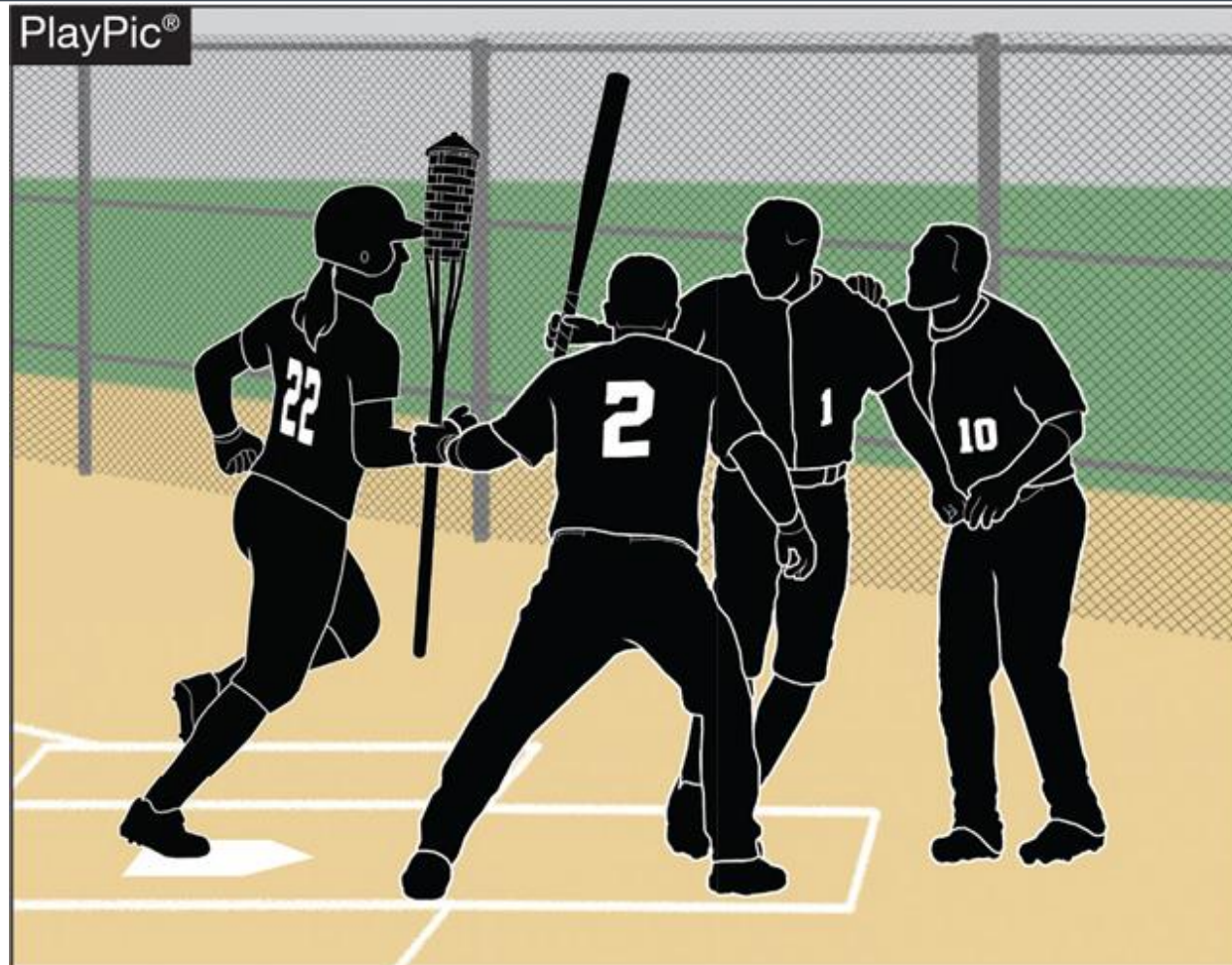




NFHS BASEBALL POINTS OF EMPHASIS



EXCESSIVE CELEBRATION



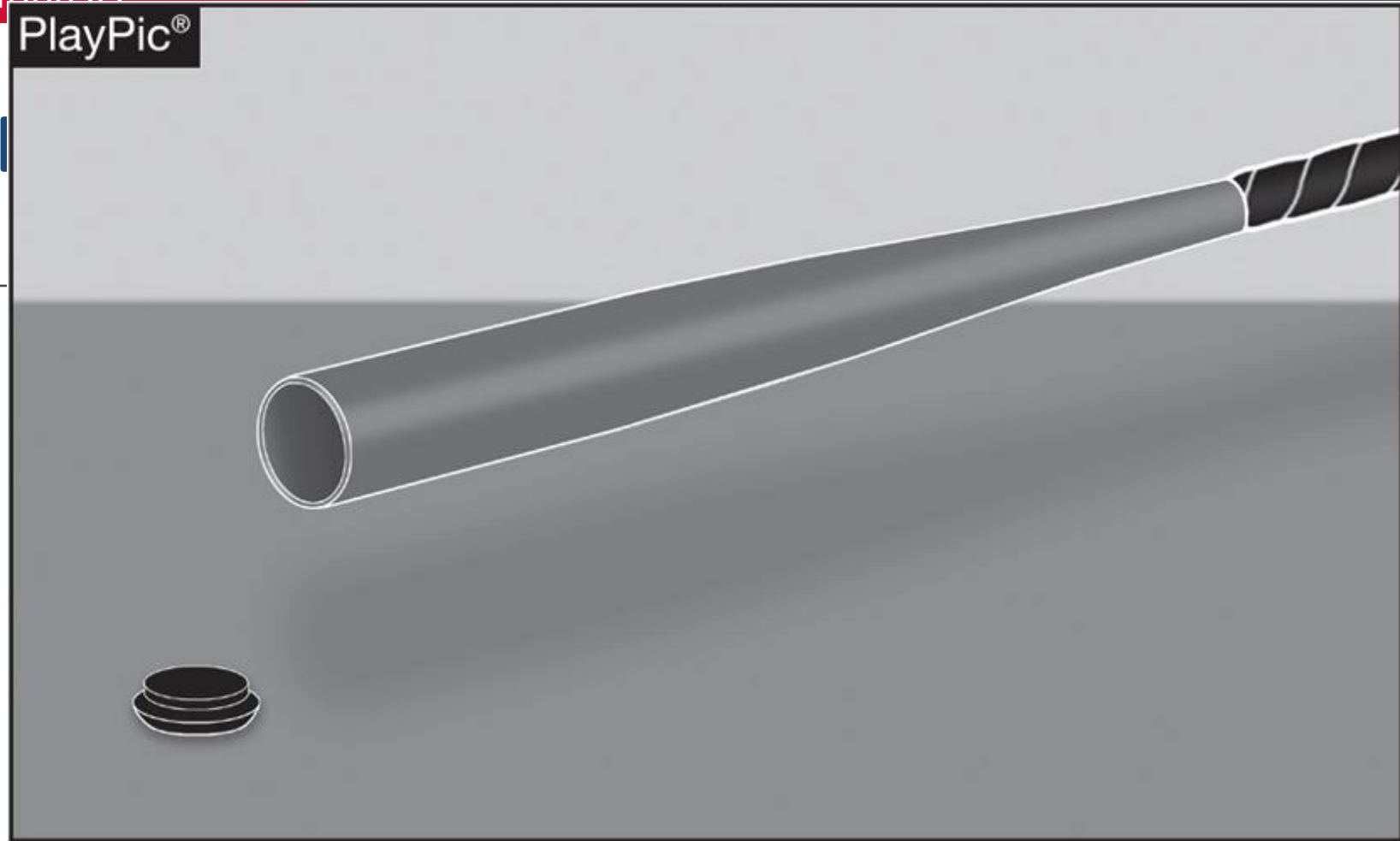
EXCESSIVE CELEBRATION

- The game has evolved from celebratory high-fives and cheers to choreographed celebrations that include props and players being assigned specific roles.
- If coaches are unable to manage the emotions of their players or the theatrics of celebration, then the game umpires have existing rules that provide warnings, possible restrictions and ultimately ejections from the contest.



PROPI

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PROPER USE OF EQUIPMENT

- Equipment manufacturers spend millions of dollars to ensure that their products are held to high industry standards. Most products are tested as to how they are supposed to be worn or used. When someone alters that product, it violates the equipment's warranty and leaves the end-user uncertain that the product will perform...or protect the wearer from injury or harm.
- Bats, helmets, chest and chin protectors should not be modified or used in a way that it was not designed by the manufacturer.
- Doing so violates the equipment's warrant and creates a product that may not perform as intended nor protect the user from injury or harm.



SITTING ON BUCKETS (COACHES)





SITTING ON BUCKETS (COACHES)

- Coaches, players, substitutes, attendants or other bench personnel shall not leave the dugout during live ball for any unauthorized purpose.
- Coaches or team personnel may not sit outside the dugout/bench on buckets or stools.
- We have an obligation to protect and set a good example for the students we coach and care about; not to entice them to break the rules. High school sports have always been about teaching skill and work ethic while modeling appropriate behavior. Staying in the dugout/bench area is another example of showing our students the “right” way to do things.



LODGED BALL PROCEDURE



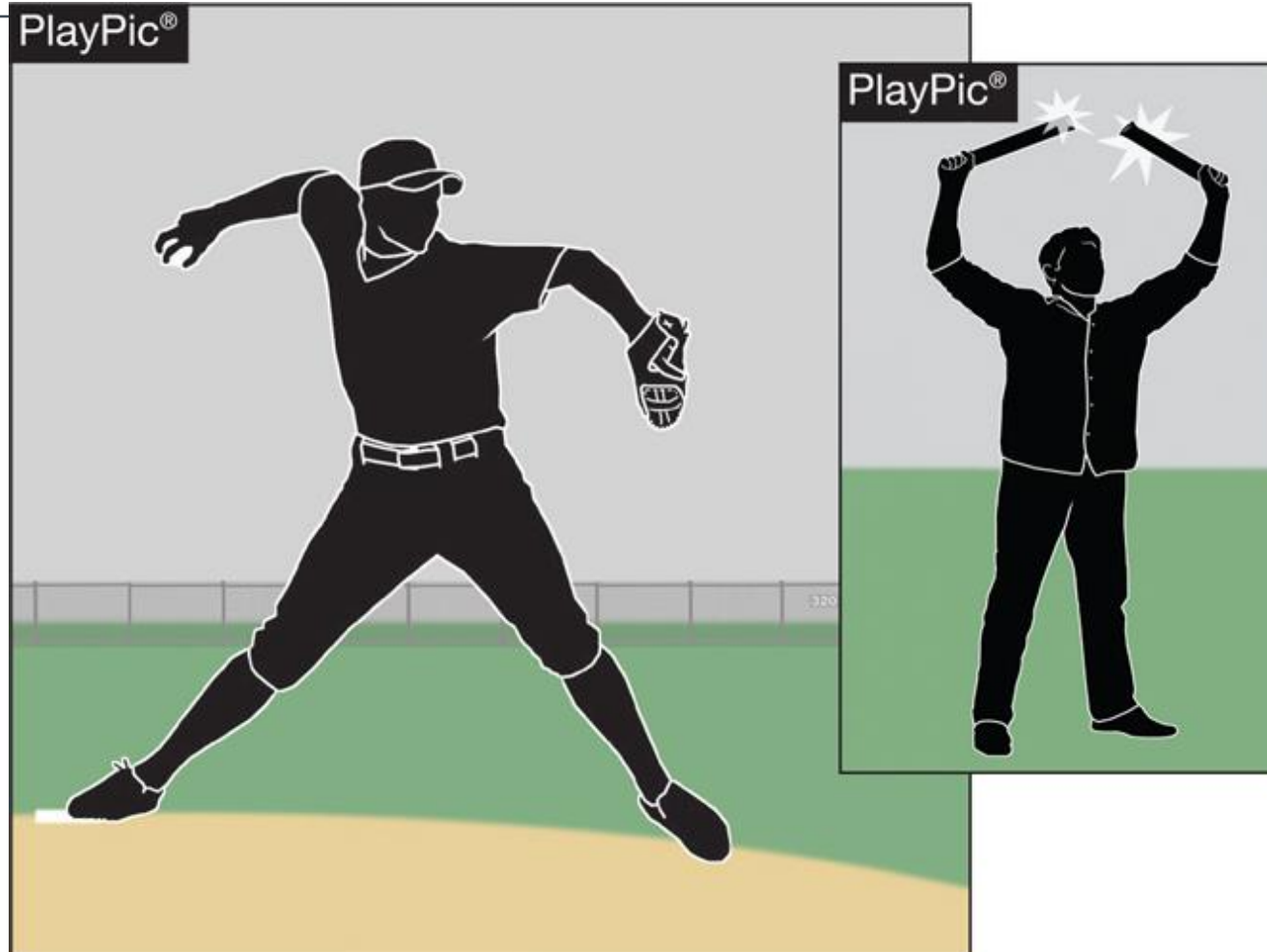


LODGED BALL PROCEDURE

- When a lodged ball situation occurs, there is always a lot of energy behind if the ball is truly lodged or is the defensive player practicing gamesmanship. We have seen at different levels that when a ball gets lodged in a glove the quick-thinking fielder removes his glove and throws it to the respective base to register the force out. While it is an exciting play that takes skill and a little bit of luck to accomplish, we do not have that many lodged balls in high school baseball.
 - A baseball that remains on the playing field but has become wedged, stuck, lost, unreachable, is defined to be a lodged ball.
- If the ball impacts something, stops abruptly, and does not fall or roll immediately, it is considered lodged.



SPORTSMANSHIP





SPORTSMANSHIP

- Chants/intentional distractions/loud noises (natural or artificial) directed at the opponent's pitcher prior to his pitching, the batter preparing to hit, or a fielder getting ready to make a play is not good sportsmanship and should not be accepted.
- Players are not allowed to stand or kneel outside their dugout/bench and make "cat-calls" or any other disparaging remarks to the other team. Rooting for your team is an integral part of high school baseball. Supporting your teammates is extremely important and encouraged, however, making disparaging remarks toward your opponent is not part of the game, in fact it detracts from the contest. The purpose of interscholastic sports is educational.





RULES REMINDERS



NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

- The NFHS writes playing rules for 17 sports for boys and girls at the high school level.
 - Publishes 4 million pieces of materials annually.



NFHS RULES BOOK AS E-BOOKS



National Federation of State High School Associations

GET NFHS RULES ON YOUR MOBILE DEVICE

Have you been without your printed rules book and needed to find an obscure rule quickly, make a note or highlight a rule?

E-books Features:

- Searchable
- Highlight Areas of Interest
- Make Notes
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www.nfhs.org/ebooks

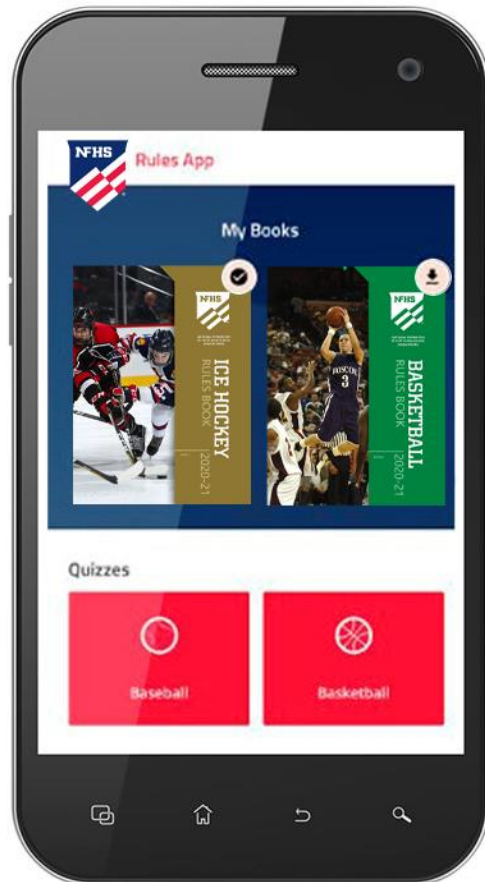
NFHS Rules and Case e-books for \$6.99 each

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- E-books features:
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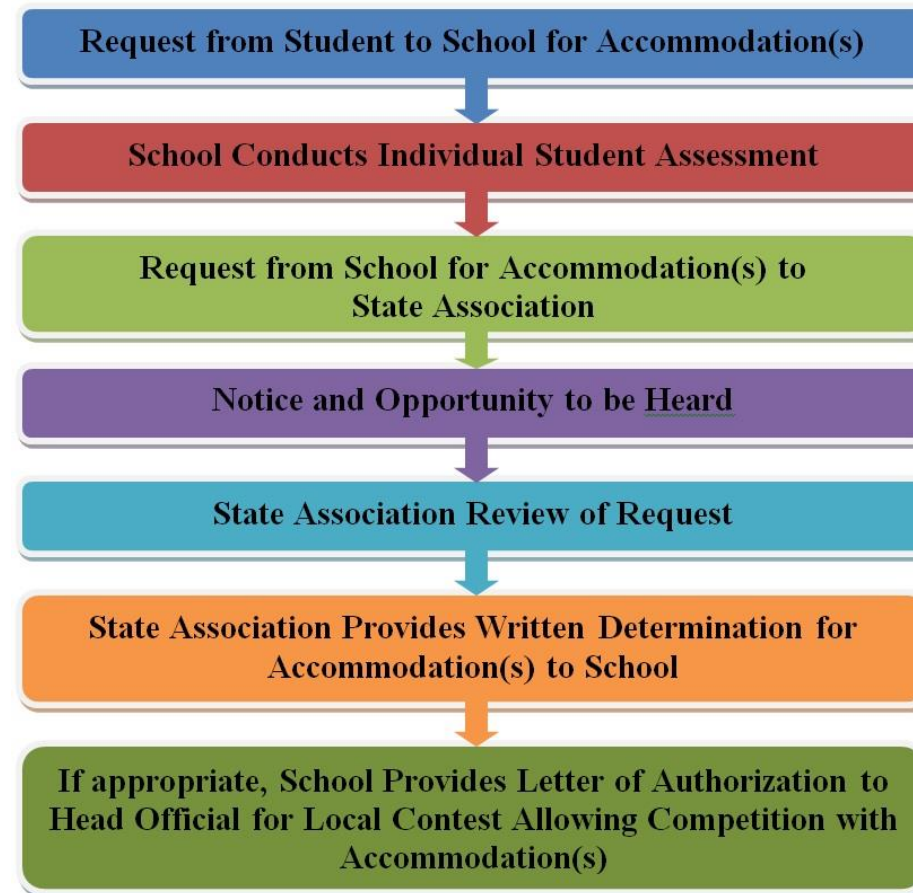
NEW NFHS RULES APP



- Rules App features:
 - Searchable
 - Highlight notes
 - Bookmarks
 - Quizzes for all sports
 - Easy navigation
 - Immediate availability
 - Free to paid members of the NFHS Coaches and Officials Associations
 - www.nfhs.org/erules for more information



GUIDELINES FOR SCHOOLS AND STATE ASSOCIATIONS FOR CONSIDERATION OF ACCOMMODATIONS



DESIGNATED HITTER RULE 3-1-4a2

17	4	Daniels		8
		SUB.		
32	5	Edwards		DH 3
		SUB.		
17	6	Franklin		6
		SUB.		
24	7	George		2
		SUB.		
2	8	Hamilton		9
		SUB.		
19	9	Irwin		5
		SUB.		
6	10	Jackson		1
		SUB.		
				3
SUBSTITUTES				
NO.				POS.
11		Knutson		
28		Larson		
35		Matthewson		
1		Nelson		

- While there is no change from the previous DH rule.
- The role of a standard DH is still terminated for the remainder of the game when the designated hitter or any previous designated hitter assumes a defensive position.



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THE PLACE FOR
**HIGH
SCHOOL
SPORTS**

NFHS
NETWORK



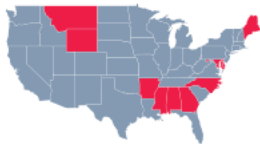
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Year One Accomplishments



10
States
Registering
Officials



23,800
Contests
Assigned



\$2.2M
Payments
Sent to Officials

Future Developments



Distance Calculations



Ranking of Officials



Game Counts



Enhanced Blocking



Rules and Case Books



Exam Center

100% FREE to your state as a NFHS-Member Benefit.



NFHS OFFICIALS EDUCATION SPORT-SPECIFIC COURSES

▪ Courses Available

- Officiating Football
- Soccer – Fouls and Misconduct
- Swimming and Diving
- Officiating Wrestling
- Officiating Basketball
- Umpiring Softball
- Officiating Volleyball – Ball Handling

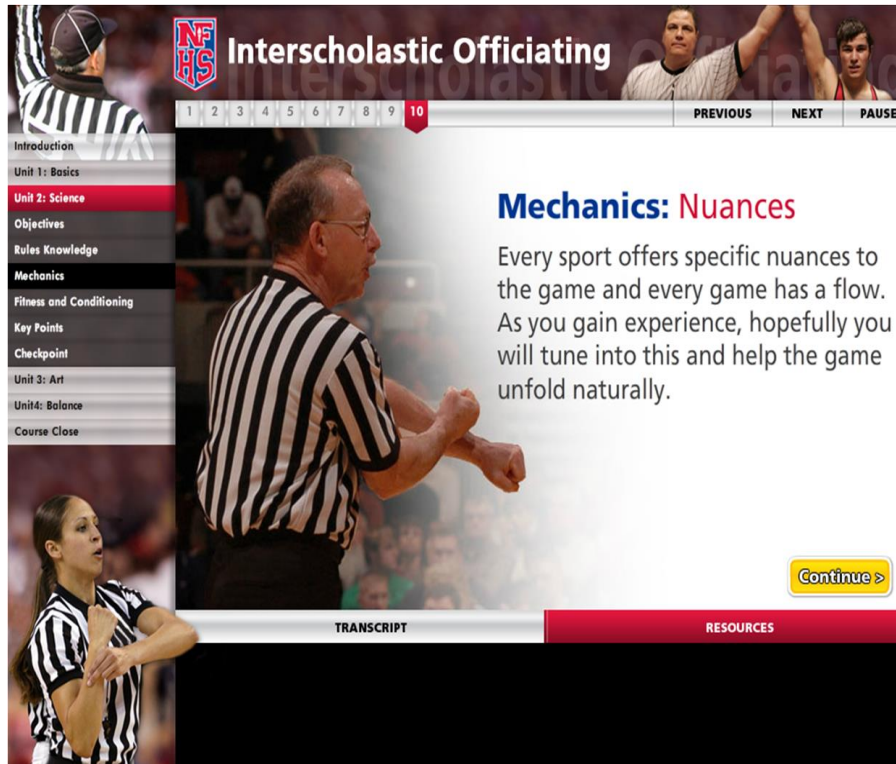
▪ Future Courses

- Officiating Baseball
- Basketball – Three-Person Mechanics
- Field Hockey
- Track and Field
- Volleyball – Overlapping
- Softball – Mechanics
- Communication Among Officials and Coaches
- Soccer - Offside



INTERSCHOLASTIC OFFICIATING

WWW.NFHSLEARN.COM



- Introduction to skills and concepts used as an official
- Ideal for new officials or those in first few years of officiating
- 30-45 minutes to complete
- Topics include: basics of becoming and staying an official, science of officiating, art of officiating, how to combine these skills for successful officiating
- Course is **FREE** to any **NFHS Officials Association member**
- Non-members course is \$20
- API available to state associations to collect results





Welcome To The New NFHS Video Library!

Search For Your Sport Below

Video Filters:

Sort By

Select Categories

Select Sports

Search our videos...



Total videos: 373



3-Man Mechanics - Runners At ...

Baseball



UIL Court Coverage - Trail Of...

Basketball



THE FOLLOWING PRESENTATION WAS SHOT AND PRODUCED BY THE NFHS
IN COOPERATION WITH BEN DAVIS HIGH SCHOOL (IND.) AND
BEEBEUR JESUIT PREPARATORY SCHOOL (IND.) IN 2014.
WE THANK THEM FOR THEIR PARTICIPATION AND SUPPORT.

Final Run Out Before Start

Cross Country



Football Mechanics: Coin Toss...

Football



Ice Hockey Rules Concepts - B...

Ice Hockey




NFHS Soccer Rules: Referee Me...

Soccer



COACHING BASEBALL

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George Grande, USA Baseball



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Middle School
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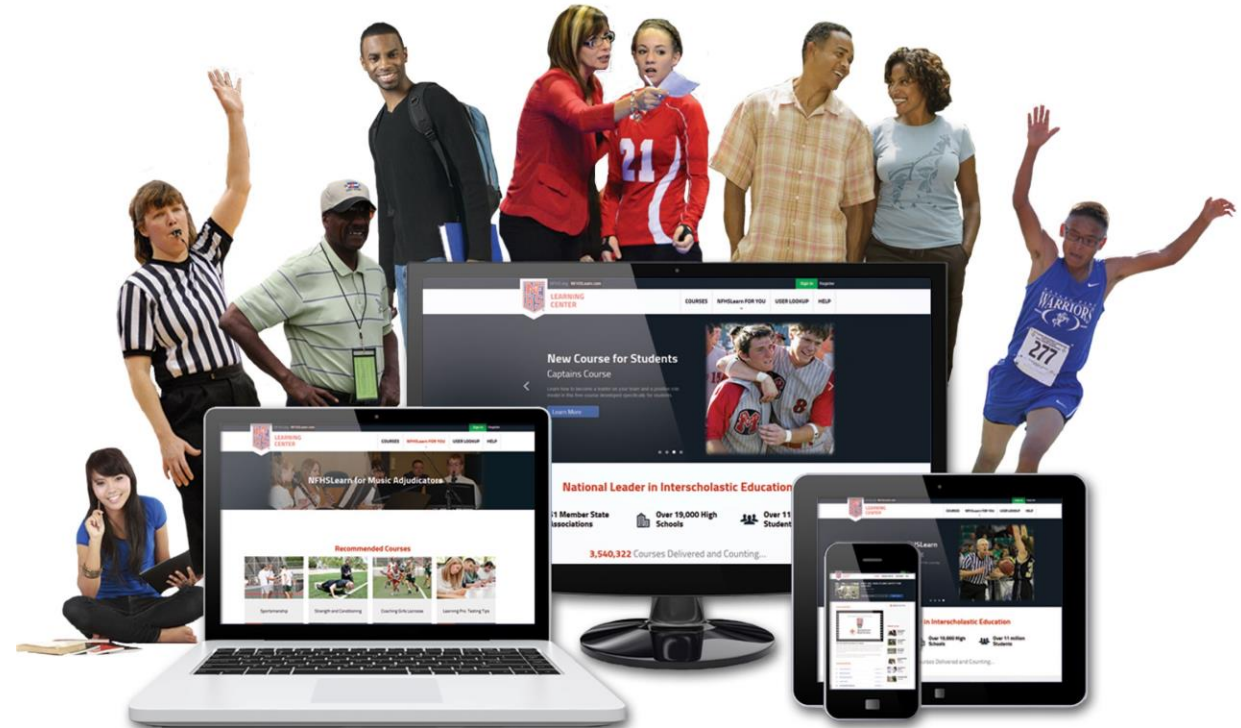
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■ Professional Development For ALL

- Coaches
- Officials
- Administrators
- Parents
- Students
- Performing Arts



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- FREE courses include:
 - Bullying, Hazing and Inappropriate Behaviors
 - Student Mental Health and Suicide Prevention
 - Understanding Copyright and Compliance
 - Protecting Students from Abuse
 - Hazing Prevention for Students
 - Coaching Unified Sports
 - ACL Injury Prevention
 - Sportsmanship
 - And many more





NFHS NETWORK



NFHS NETWORK

- By 2025, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.
- 27 Different Sports and Activities



27 DIFFERENT SPORTS AND ACTIVITIES

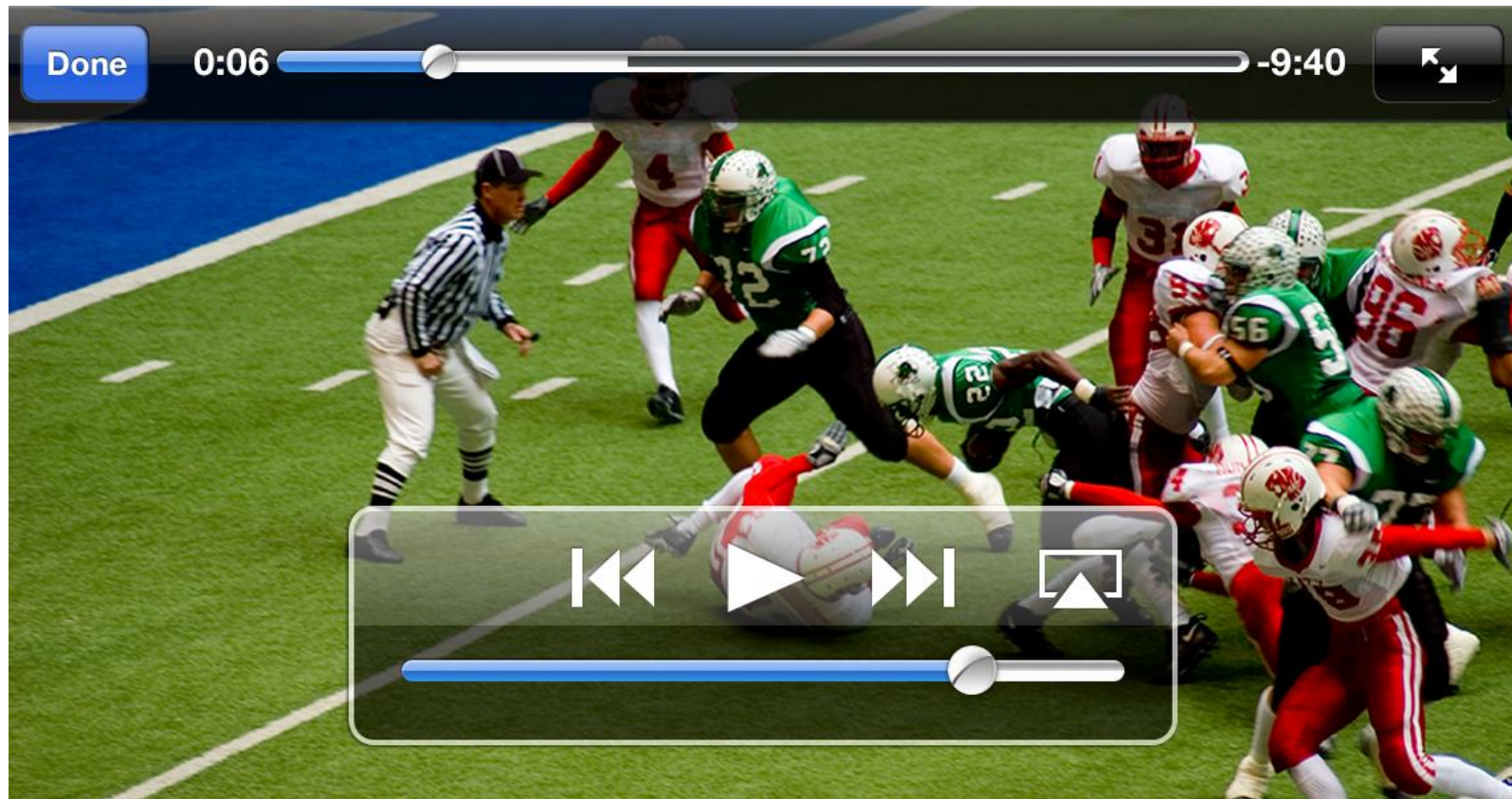


28,000 LIVE BROADCASTS



NFHS NETWORK

- View from mobile...





**THANK YOU AND HAVE A GREAT
BASEBALL SEASON!**

