

## MINIMAL SUPPLIES FOR TEAM MEDICAL KITS

All DIAA teams should have a medical kit present whenever physical activity or travel is occurring. Please remember that these are Minimum Standards for a properly equipped medical bag/trainers kit. Collision sports such as identified by DIAA should have more than this minimum.

<b>Item</b>	<b>Amount</b>
Adhesive Tape	2 rolls 1 inch and 4 rolls 1 ½ inch
Pre-wrap	2 rolls
Tape Adhesive	1 can 6 to 8 oz.
Sterile Gauze Pads	5 each 2x2, 3x3 and 4x4
Band-Aids	1 dozen of various types and sizes
Steri-strips/Butterfly Closers	1 dozen of various sizes
Elastic Bandages	1 three inch, 1 four inch and 1 six inch
Anti-Biotic Ointment	1 tube
Protective Gloves	2 pair small, 2 pair medium, 2 pair large, 1 pair XL
CPR barrier	1 barrier
Elastic Tape	1 roll each 2 and 3 inch wide
Tongue Depressors	5
Slings	1 each Small, Medium, Large or 3 Triangular
Bandages	
Bandage Scissors/Tape Cutter	1
Felt/Foam	1 sheet ¼ and ½ 6inch x 6inch
Hand cleaner	1 2 oz. bottle

\*Copy of the High School Athlete Medical Card as found in the DIAA Pre-Participation Physical Forms must be in the kit or with the coach/ATC on-site for all team members. It is illegal for an athletic trainer or other qualified provider to perform anything but emergency first aid for a visiting team unless the visiting team has signed medical cards with them. No player should be allowed participation without their medical cards and team first aid kit present.